



Diverse Tassie

Bringing communities closer every day

Edition 13 October 2020

FREE

Diverse Tassie 1st Year Anniversary:

A Big Thank-You To All Our Readers & Supporters

It's been one year since our dream became a reality. A dream and a vision of introducing a community newspaper which can provide a platform for all Tasmanians to voice their opinions for building a stronger, diverse and harmonious Tasmania. Thanks everyone for supporting us constantly in this journey.

Having witnessed a roller coaster year full of unexpected happenings, this one year journey taught us a lot. The bushfires, the pandemic and economic and social repercussions arising from them which affected the lives of millions had an affect on the existence of our newspaper as well. If not for all the encouragement from local people, local businesses, local philanthropists, local politicians and local community organisations we couldn't have survived. A big thanks to all those people for their constant support and encouragement.

Not just our newspaper but all the local businesses and organisations that took a hit during this time are being ably supported by fellow Tasmanian. Taking this Tassie spirit forward we vouch to promote and propagate the notion of "supporting local businesses".

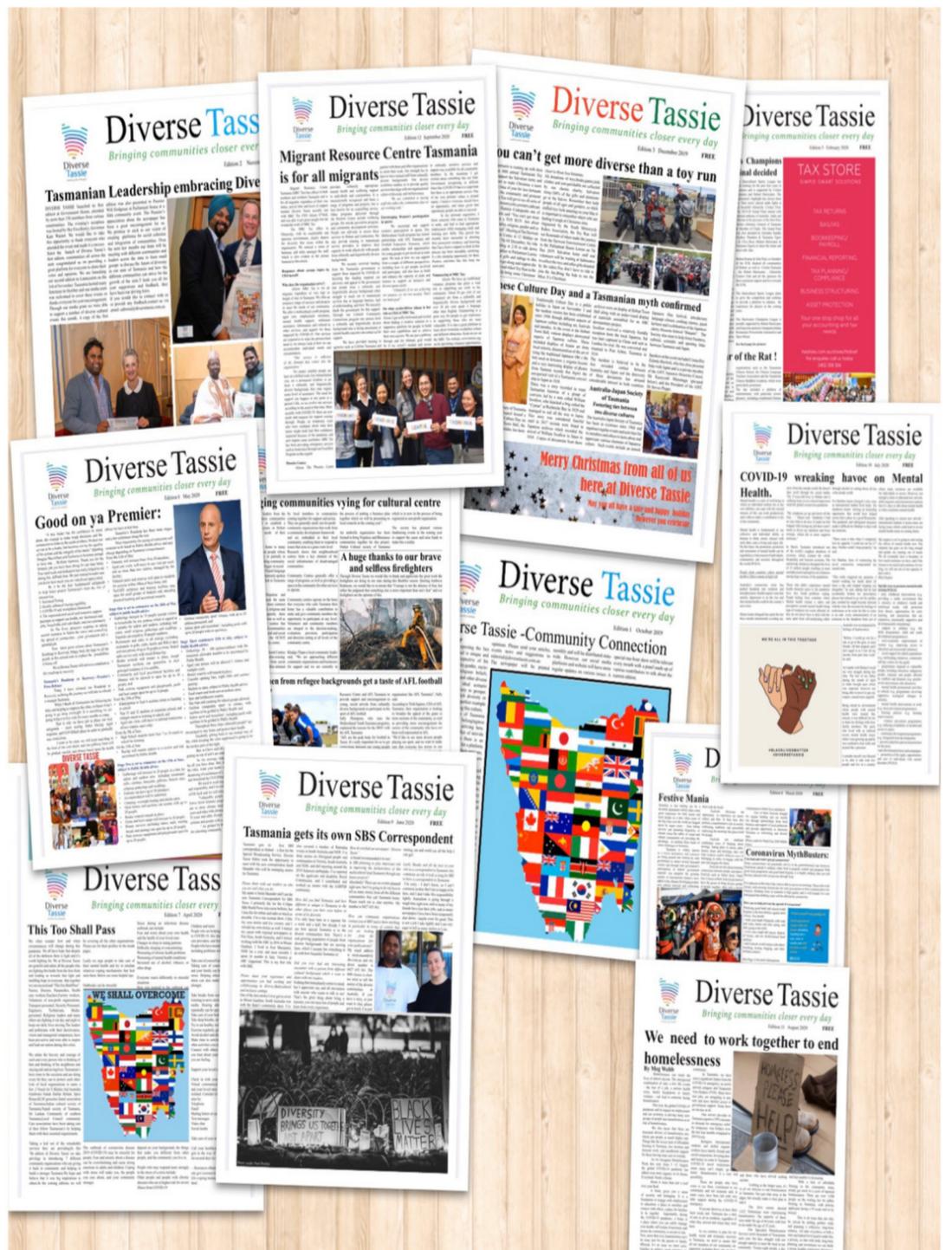
Things come and go and this too shall pass and We take this opportunity to announce that we on a regular basis will be organising and promoting events/forums to inform people with diverse up to date information, happenings and opportunities arising in the state.

Throughout this year we were fortunate enough to cover stories of several silent achievers who have achieved so much with little fuss, stories of various community organisations who are working diligently to give it back to help the needy; stories of

colourful and vibrant festivals of different communities which are enhancing the cultural definition of the state. Above all it was so overwhelmingly pleasing to cover the news about the way different community organisations, people and government organisations came forward helping their fellow Tasmanian during the pandemic. All of them showed us an example of how to grow and contribute positively to society. We salute and thank all our local Heroes.

Once again thank you all for your congratulatory messages on Diverse Tassie's first anniversary, it's a great encouragement for us and we thrive on these and promise to live up to your expectations. Special thanks to our Honourable Premier Mr Peter Gutwein MP, Hon Attorney-General Elise Archer MP, The Right Honourable the Lord Mayor of Hobart, Councillor Anna Reynolds, Hon Meg Webb MLC, Alison O'Neill Chief Executive Officer MRC Tas, Duncan Spender CEO MCOT, John Galpin and David Shaw for taking time out and sending through your written congratulation messages. (Messages on pages 8 & 9).

—Team Diverse Tassie.



The Hon. Peter Gutwein, Premier of Tasmania.

Hello everyone,

Congratulations to everyone involved in making Diverse Tassie what it is and on reaching your 1st anniversary.

Tasmania has a rich culturally diverse community, with people from 177 different countries, speaking 159 different languages calling our Island State home.

To support this growing population, we are committed to a fully inclusive, harmonious and respectful multicultural island, which values and respects the diversity, and recognises the strengths that people of all cultures, languages and faiths from every corner of the world bring to Tasmania.

Now more than ever, welcoming and treating people with kindness and respect is of the utmost importance, as we all work together to manage the impacts of the coronavirus.

Again, congratulations and I look forward to marking your 2nd anniversary with you next year.



EXPERT™ EDUCATION & VISA SERVICES



NOW OPEN

IN TASMANIA



University & College Admission



Health Insurance

- OVC
- OSHC



Professional Year Course

- Accounting
- IT
- Engineering



Taxation and Business Advisory



Education and Career Counselling



Migration and Visa Advice

- General skilled migration (PR)
- Graduate /Post Study Work (TR)
- 491/190 Nomination and Visa Application

☎ 03 623 122 55

✉ tas@experteducation.com.au

📘 [experteducationhobart](https://www.facebook.com/experteducationhobart)

☎ 0450 480 131

📍 73-81 Murray Street, Hobart

📷 [expert_education_hobart](https://www.instagram.com/expert_education_hobart)

☎ 0426 578 944

📍 Tasmania 7000

🌐 www.experteducation.com.au



North Hobart

(03) 6236 9500

305 Elizabeth Street, North Hobart

Lunch Mon – Fri from 12pm

Dinner 7 nights 5-10pm

Salamanca

(03) 6224 0400

93 Salamanca Place, Hobart,

Lunch Fri & Sat from 12pm

Dinner 7 nights from 5pm

Bellerive

(03) 6251 1818

54 Cambridge Road, Bellerive,

Dinner 7 nights from 5pm

Whether it's big or small, formal or casual, Annapurna can organise in house functions or outside catering for your event. We have a variety of set menus to choose from or we can tailor a menu to perfectly suit you and your budget. We can also cater for vegetarian, vegan, halal and other dietary requirements. To enquire about spicing up your event with Annapurna contact our Manager directly on 0477 116 888

Abu's diary

The diary of a free spirited Maltese Shih Tzu. Adopted daughter to a Chinese accounting student and a tall hairy social worker - Looks a little like a spring onion

Eleventh diary entry:

Last entry, it was all about how I almost got my gorgeous nose chomped off by an angry dog at the beach. My parents almost took the law into their own hands when confronting the human owner around his inability to control the grumpy pooch. In the end we all managed to both survive the scary event and a prison-term. I really hope that angry pooch gets a new owner – I feel for him. All he needs is some love. He isn't stealing my most lovely, awe struck folks though. I got them wrapped around my fluffy paws.

This month, what do I have to talk about? Mmmm... leadership? Seems to be the talk of the town. Those American politicians must come from a different universe. One where there aren't no trees to give them clean air nor dogs to wipe away the traumas from their lives at the end of each day! Boy o boy, that angry fella looks like he has been starved of fresh air and never laid eyes on a cute puppy dog in his life!

I see through him. My extra sensitive dog-ways sense his insecurities, his desire to show his strength, his will to be viewed as the "top-dog", the ultimate "mucho-man", the "be all and the end all". Boy, o boy – how's the irony. That man has no care for those around him and seemingly for himself either. A deadly combination – especially as the president of the mighty America.

I thought it was only us canine species that struggled to control our impulses. I gotta admit if I sniff up some of that steamed chicken that my folks cook me up – my nose takes over. It drags me around the room and zooms in on that scrumptious creation of an animal like the deadliest missile cruising through the seas. I let go of my need to be in control and my inner beast takes over.

That has little implications on those around me though – that's the difference between me and that mad-man in the USA. He is obsessed with the need to look "strong" and in control. The irony hits me smack bang in the middle of schnozzle. If only, he could see that a strong, brave leader cares about those around him. Instead, he creates his own delusional reality, whilst spreading the virus like an out-of-control sprinkler system. He can't control his self-absorbed impulses and underlying deep-seated need for acceptance. He will go to any lengths to get it. Dangerous!

Todd, the lazy cat from next door has a good point. Without his supporters, he is nothing. So yes he is a worry. But how about those who follow him... now that I cannot fathom. I'd rather use my problem-solving skills on where next to find that special treat for my belly!

"Leadership is not about being in charge, it's about taking care of those in your charge." – Simon Sinek



All of us need to stand up and be leaders – By Mike McGuire

It's up to all of us – as a collective – to show care for those around us – how our actions, especially careless ones can impact on the bigger picture – it's what the virus has taught us.

Sitting down to watch David Attenborough's latest documentary - I looked up the ratings online with many giving 9/10 and even 10/10. I read through comments sections, with one standing out to me:

"If you haven't watched David Attenborough: 'A Life on Our Planet' on Netflix please do. Watching it at 4am tearing up in my room. Already know some changes I'm going to make from now on."

My initial response to this person's revelations was of hope that she will change her lifestyle habits. Shortly afterwards though, I felt overcome by anxiety. I don't want to focus on this one person's comments but feel anxious that her comment represents millions of other people and how they feel. The problem?

That they sit on their couches, balling their eyes out and jump on a social media platform and declare to the world how heart-broken they are and how much they will change....

I don't want to sound too cynical but this feels like social media hysteria 101. It's connected to a much larger feeling of hopelessness and anger that humans have – the "hopeless angry keyboard warrior" who stays home and hands out virtual hugs to other broken-hearted souls around the world. It is okay to get frustrated with people like that *angry man in America, because I can see the ripple effects his attitudes, divisive language and actions have on the rest of the world.

But very importantly – is not to just sit here and get angry but rather to keep looking for ways that we can make positive contributions to those around us, whether to help nature, animals and or our fellow humans. All of us can do that in our day to day lives and this has been another silver lining from the virus – where people have continued to look beyond themselves and support one another.

If we can train our minds and hearts to focus and appreciate small acts of kindness that are everywhere around us, it will only fuel us to replicate what we observe and therefore keep the momentum going within our

communities.

During these times, where there is a heap of negative news coverage and one *angry American man in particular spraying his hate speech around the world – all of us need to stand up and be leaders. We need to focus on ourselves and how we can lift one-another up with those little acts of kindness which will lead to a powerful cultural identity where we don't have to place so much hope on greedy, self-interested men like that *Angry American one.

This leads me to giving a shout-out to the "Diverse Tassie" team. "Diverse Tassie" is a leader in our community and has done a fantastic job of celebrating the wonderful cultural diversity in Tasmania over the past 12 months. "Diverse Tassie" – you are showing the way and reminding us of the importance of focusing on what is important in our society – which is to

celebrate, uplift and value one-another. Congratulations on reaching 12 months and hopefully many more!

That angry man in America refers to – yes, you know who it is! But it also is symbolic of more than one man/person – and symbolic of an outdated, dangerous and greedy way of engaging with the world



Good to be kind

The views and opinions expressed in the articles are those of authors and do not necessarily reflect the official policy or position of "Diverse Tassie".



Elise Archer MP

Your Local Liberal Member for Clark

Here every day for you



Cultural Community Connections

Are you from a culturally and linguistically diverse background and have been impacted by the COVID-19 pandemic?

The Cultural Community Connections program, run by Migrant Resource Centre Tasmania, can provide you with health and wellbeing support.

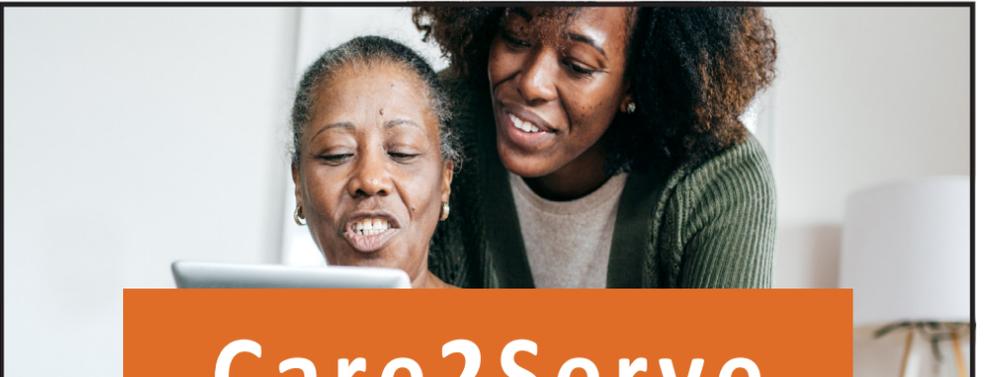
For more information please contact:

Southern Tasmania: Esta Birdahic on (03) 6221 0999

Northern Tasmania: Jane Carlson on (03) 6724 2820



Supported by the Crown through the Department of Health.



Care2Serve

Do you provide unpaid, practical, and emotional support to a family member or a friend who is frail aged or living with a disability, medical condition or mental ill health? Do your caring responsibilities affect your work, study or ability to socialise?

Migrant Resource Centre Tasmania (MRC Tas) runs a program called Care2Serve, which supports carers from a culturally and linguistically diverse background. We work with Carer Gateway, which provides counselling, peer support, coaching, advice, information, and financial support to carers.

An MRC Tas worker can come and talk with you, your family or your community about Care2Serve. If you would like further information, call MRC Tas on 03 6221 0999. For an interpreter (TIS) call 131 450. We can provide information in the following languages:

- Amharic
- Arabic
- Burmese
- Chinese
- Dari
- English
- Farsi
- Karen
- Nepali
- Oromo
- Tigrinya



ADVERTISEMENT

Madeleine OGILVIE MP



YOUR INDEPENDENT MEMBER FOR CLARK

Please get in touch if I can help

Ph 03 6212 2383

Madeleine.Ogilvie@parliament.tas.gov.au

MENTAL ILLNESS IS COMMON.

One in five (20%) Australians aged 16-85 experience a mental illness in any year.

If you're worried about your own or someone else's mental health, start the conversation and access support. Visit www.staychatty.com.au/get-help for a list of services. Source - The Black Dog Institute (1)



#STAYCHATTYCOACHKIT

SPEAK UP! Stay ChatTY SPORTS PROGRAM

The views and opinions expressed in the articles are those of authors and do not necessarily reflect the official policy or position of "Diverse Tassie".

Help make good rules to minimise harm

by Hon Meg Webb MLC

When it comes to products that can be harmful or dangerous, we make laws and regulations to ensure that community members are protected and harms or dangers are minimised as much as possible.

You can see this approach in the rules we make about the sale and consumption of products like alcohol and tobacco. You can see it in the way we make driving safer by setting speed limits and making seat belts compulsory, and in the way we restrict access to guns in our community.

In all kinds of ways, big and small, we use sensible laws and rules to provide the best protection we can to Tasmanians. It is an important role of governments to make harm minimisation a priority when it comes to dangerous products.

However, there is one product in our community which is proven to be addictive and cause harm, for which we do not put effective harm minimisation measures in place – that product is poker

machines.

Tasmania, and most other states of Australia, absolutely fail to use the very straightforward harm minimisation measures that are common for poker machines in the rest of the world.

Because we fail to provide this standard level of protection, Australia has the highest levels of poker machine addiction and losses. We are far ahead of every other country when it comes to harm in the community from poker machines.

The easiest of the protection measures used in other countries is to put poker machines only in casinos. That is what the state of Western Australia does, and what virtually every other similar country in the world does.

We could also choose to program Australian poker machines to be less addictive and less harmful. That would mean programming lower maximum bet limits (\$1 instead of \$5), and slower spin

speeds (6 seconds instead of 3 seconds), and lower maximum jackpots (\$1,000 instead of \$25,000). These would immediately slow the development of addiction and cut the level of losses for those who have a problem with poker machine gambling.

The State Government is planning to change the way poker machines are licensed in Tasmania, but it hasn't suggested any new or better harm minimisation measures to introduce at the same time. We shouldn't be satisfied with the current level of harm, we should be striving to do much better, just like they do in most other countries.

Every three years there is independent research done on the Social and Economic Impact of Gambling in Tasmania (the SEIS). This research is an important way for us to understand the impact that poker machines and other types of gambling have on the Tasmanian community.

The 2020 SEIS is being done right now

by a team of independent researchers, and its findings will be very helpful to developing better approaches to the regulation of poker machines.

The independent researchers are keen to hear directly from Tasmanians about their views and experiences. Please contribute your views about pokies and gambling impacts. You may have personal experience to share, or have seen the experience of friends and family members, or you may have a general interest in this topic.

You do not need to be an expert! Every submission that comes from a Tasmanian community member will be a valuable contribution to the research.

For a quick and easy way to make a submission, you can find an online submission form here:

<https://megwebb.com.au/seis-online-submission/>

Tasmanians are invited to provide input into the 2020 SEIS by using this online form before 2 November 2020.



Monster Trucks in the Suburbs — exhibition at Moonah Arts Centre

Artist Emily Jones presents her exhibition *Monster Trucks in the Suburbs* at Moonah Arts Centre (MAC).

Emily is a classically trained painter. In this exhibition she turns her brush to everyday scenes from the suburbs. Tradies take a lunch break, shoppers buy groceries and giant SUVs park along the streets.

"I trained in classical painting techniques under a few teachers including at the Florence Academy of Art in Italy, and locally with Archibald Prize finalist, Steve Bowden." Says Emily

"My training focused on the traditional painting methods passed down from Old Masters, like Rembrandt. These have been adapted by later generations like the Australian painters

Tom Roberts and Arthur Streeton."

During a recent visit to the Art Gallery of South Australia, Emily stumbled across some paintings that inspired her.

She says: "The tiny cigar box paintings of Arthur Streeton, Charles Condor and Tom Roberts are known as 9 by 5 paintings. Their dimensions are 9 inches by 5 inches as many were painted on cigar-box lids."

"I was arrested by these tiny paintings, set beautifully in chunky frames (some crafted from recycled Japanese doors) and displayed against William Morris wallpaper. I wondered how such tiny artworks could capture such depth."

Emily has created her own 9 by

5 inch artworks, which will be included in her exhibition at MAC.

"I am deeply inspired by old masters and traditional methods, but my scenes are observations from everyday 2020." Says Emily.

"My work comments on

the positive and negative effects of consumerism on our society and environment."

Emily's exhibition is on display at MAC from Friday 16 October to Saturday 7 November 2020. Entry to the exhibition is free.



The views and opinions expressed in the articles are those of authors and do not necessarily reflect the official policy or position of "Diverse Tassie".

Fiji Celebrates It's 50th Year Anniversary of Independence. A Milestone.

On Friday 9 October 2020, the eve of its 50 years of Independence, the Fijian community had a traditional kava ceremony at 356 Macquarie Foodstore Cafe, where the LM Anna Reynolds was present. She lowered the Fiji flag and popped the champagne bottle to congratulate the Fijian community and wish them well.

On Saturday 10 Oct 2020, the actual date when Fiji gained its independence, the Fijian community had two celebrations to commemorate this auspicious day. A lunch was held at the Uniting Church in Glenorchy and a dinner at Taj Palace Restaurant.

Councillor Mike Dutta was the guest speaker at the dinner event. He reminded the guests of Saturday 10 October 1874 when Fiji was ceded to Great Britain and Fiji became a Crown colony for 96 years.

On 10 October 1970, a young Prince Charles handed over the Instruments of Independence to the first Prime Minister Ratu Sir Kamisese Mara in a national ceremony at Albert Park in Suva, on October 10, at 10:00am, 1970. This was a defining moment in the country's history.

So many people recalled

watching the Union Jack lowered on October 10, 1970, and the Dominion of Fiji flag hoisted on the day. It was a moment of pride for the people of a small island nation to watch our Fijian flag hoisted for the first time. This is the day that FIJI GAINED ITS POLITICAL INDEPENDENCE.

It was a collective feeling of great national happiness that was tempered by a newfound sense of responsibility. During the last 50 years or the half-century which has followed, we as Fijians have found our footing through triumph, tragedy and a number of coups but we have come through stronger and hopefully wiser. We have matured as a nation. We have been resilient and stood the test of times.

As we look forward to the next 50 years, it is my hope that Fiji will promote cultural, religious, racial diversity, plus a diversity of ideas that harnesses the aspirations of a more inclusive society. It is our collective hope that in the next 50 years, Fiji will be able to celebrate the freedom from poverty for all its citizens.

Councillor Mike Dutta
Life Member of the Fiji Australia Association



Mental Health and Relationships

By Tara Bufton

I've been writing this column for a year now. What a fantastic milestone for Tassie's very own slice of diversity in the form of a digital and hard-copy paper. One year of sharing stories, thoughts, ideas and experience in the mental health space – reducing stigma. Thanks Diverse Tassie. Many more years to come I hope.

Today we are looking at how relationships are faring in this Covid climate.

The statistics aren't great. There have been more relationship breakdowns, more divorces and more need for

relationship counselling during Covid. The trajectory looks grim. It's just going to get worse.

So, what can we do to maintain healthy relationships during the pandemic?

It's a complex set of stressors we face. Some people face wage decreases, job loss, and frustrations about the limitations placed on our lives that we have no control over.

Counselling is on the increase- which is a great sign. People are reaching out for

real, tangible, long-term help. They are looking to work on the aspects of their relationships which need some tweaking.

Finding a good counsellor is a great way to get started on tweaking your relationship. It's like having a personal trainer when you start out on an exercise program. Their input and support can set you in the right direction to keep working as a couple towards a more harmonious relationship.

Listening to podcasts, and reading books and articles, is another way to access helpful advice. You and your partner can take what is useful from the books you read, and work together to improve your communication and interactions.

Chatting to friends can be good too. Be cautious about how much complaining you slip into though. If you spend hours complaining to friends about your relationship and your partner, it can exacerbate the problems. When done in moderation, with mutual respect, a chat with friends can help us feel like we are not alone. Often, it's a relief to hear that your friends are struggling with some of the same issues.

The key message – don't give up. Look for help outside of the relationship. All relationships have rough patches. Work together to find ways through them and



build stronger relationships.

I have been working on exploring managing relationships when going through mental health conditions for the last year or so. To see some of my other work in this space check out the links below. I am working on delivering a forum/presentation around this topic. Look out for *Talking Mental Health and Relationships with Tara Bufton*.

<https://youtu.be/wjAXK4UaxhU>

<https://www.psychom.net/married-to-bipolar-meet-tara-bufton-and-dean-mance/>



The views and opinions expressed in the articles are those of authors and do not necessarily reflect the official policy or position of "Diverse Tassie".

Embracing Tasmania

1. Please introduce yourself to our readers and how are you enjoying Tasmania? Whats so different about Tasmania according to you?

My name is Mustafa Kazmi. I am a businessman by profession and a humanitarian by heart. I was born in a small city named Sargodha, situated in the centre of Punjab, Pakistan. My father was serving in Pakistan Air Force and got posted to different stations frequently so that gave me a chance to travel and live in different cities in Pakistan. I always took it as an opportunity to interact with people belonging to different social, cultural and religious backgrounds and that is how I familiarized myself with the beauty of many cultural domains found in Pakistan. These experiences taught me the splendor and importance of diversity.

I came to Australia on Student visa to seek topnotch education from Australian universities. The initial plan was to just complete my educational degree and move back to my home country, but Australia and its people inspired me extend my stay. I worked tirelessly and never hesitated from doing any kind of job. I worked at a service station, at McDonald's, drove a cab and gradually moved on to start a business of my own.

I moved to Tasmania a while back from Melbourne, and have since fallen in love with this wondrous island. I have found Tasmanian people to be full of love and support for every new entrant. After moving here, I have strongly realized that the affection and acclamation that I have earned in this short time is way more than I ever earned after spending more than half a decade in bigger cities in Australia.

2. What prompted you to start PCST(Pakistan Cultural Society of Tasmania). How hard was it to find people with similar mindset willing to unite for a combined cause?

Some find joy in luxurious cars, massive houses and earning big monies but I have always had a dream of helping other people boundlessly. I find happiness in dedicating my time and energies in such cause. When I first moved to Tasmania, I saw that there are no representative societies for the Pakistanis who are residing here. I felt like this was my chance to achieve my dream as I saw a need to establish an organization that would help the Tasmanian Pakistanis by bringing them to the frontline and providing them with forums and platforms to interact positively with one another as well as other communities.

It was not very difficult to find the people who shared this ideology. The people who assisted me in establishing this society have been a part of many such endeavours like community work and social welfare projects with me. They believed in the dream and idea to create

PCST.

3. Share with our readers what the mission and vision of the organisation is?

Pakistani Cultural Society of Tasmania strongly advocates for cultural diversity, religious tolerance and intercultural harmony. These values are embedded deep within the ideology of PCST. We envision to create a community that is not confined by any religious, national or geographic boundaries. We aim to construct healthy intra-community and inter-community relationships that may assist in progress and development of every Tasmanian. Inclusivity is an exquisite concept and we aim to pursue it in each and every endeavor of PCST.

Here, I would especially want to make a mention of PCST's guidance and assistance programs for international students coming to Tasmania. PCST aims to aid and help the students who come here for seeking education, by becoming their voice and highlighting the problems that they face to the relevant authorities. Since its launch, the impact that PCST is creating on the Tasmanian Communities is way beyond our wildest contemplations. Not only from the Pakistani community, we've received immense love and appreciation from other communities as well. This affection inspires us to keep on giving in our best.

4. Please share with our readers some of the exciting projects PCST is been part-off and going to be a part-off?

It hasn't been a very long while since we launched PCST; but since its inception, PCST has been involved in numerous endeavours aligned with its vision and mission. Two mega events have already been announced from our platform and many more are in the pipeline. PCST has planned to arrange at least one social event every month. Our current aim is to help the Tasmanian communities in escaping the effects that the recent pandemic had on their mental health. We want to bring people out of their houses by providing them healthy activities to participate in.

Currently we are organizing a Tape Ball Tournament in association with ICSL and a PUBG Contest on a grand level. We are encouraging families to join us and spend a day together.

Many more healthy activities and community building exercises are on the way.

5. How do you see PCST making a difference in helping to build a stronger Tasmania?

Building a stronger Tasmania is one of the fundamentals of PCST's ideology. We want to create a culture of strong inter-community interactions and

communication within Tasmania. We aspire to play the role of a mediator between communities and aim to host different initiatives that may promote social, cultural and intellectual exchanges.

We are planning to make Tasmania stronger by promoting its true colours and cultures through our strong Social Media channels having subscribers from different parts of the world. We believe that when skilled people belonging to different professional backgrounds will be more willing to come here, Tasmania's economy will get a good boost.

Besides that, we are working to promote the skills and expertise of the locals by providing them with financial help to start their own businesses. In this way, instead of investing their time and energies in earning a livelihood through means that they don't like, they will be doing something that they are good at or that they love.

6. Do you believe that all members of our community are been having equal rights and experience the benefits, regardless of their background or current situation? Being from a diverse background did you or one of your board members ever encountered racism as part of your volunteer work? What is your organisation's take on this?

We believe and understand that the state has its responsibilities and duties towards the locals first and we have no objection on it. It's entirely on us that how we make room for ourselves and make ourselves to be of value to a certain place or community. It's my personal experience that a lot of support was extended to me from state officials on account of this PCST initiative. This signifies that state modestly supports each and every individual who comes forth with a vision of doing something good for the community at large. We have never faced any racism or discrimination of any sort and we pledge to inculcate the same within our society as well.

I would like to share a personal experience here. When I decided to move to Bridgewater, I thought of doing some research about this locality. To my surprise, I received heaps of negative feedback. I decided to go against people's



suggestions and got a house here anyway. I have been living here for almost a year and a half now and believe me I feel at home! I mean no other word can justify the love and affection that I received in the neighborhood. This experience taught me that it's always wise to create your own stories and experiences rather than living a life according to the experiences of other people.

7. What do you want see PCST doing in 5 years time?

I envision PCST to be seen as the epitome of welfare societies. I am very confident that my team possesses the right set of skills and expertise to take this society to the summit of success by working in the best interest of Tasmanian Communities. We have employed a proper system of smart goal attainment as I believe a goal-oriented approach always makes it easy to measure the output. In five years' time, PCST will emerge as a society that the community can count on for any and every matter.

PCST's ideology circles around the betterment of each and every citizen of Tasmania. I strongly believe that empowering the people living here would actually result in empowering Tasmania.

8. How can people get to know more about PCST...What should one do to be a part of the wonderful work PCST is doing?

To join PCST, all you have to do is to reach out to us through any of our social media handles or website www.pcast.com.au. You can become a member for free by filling our membership form. Yes, it's that easy!

The views and opinions expressed in the articles are those of authors and do not necessarily reflect the official policy or position of "Diverse Tassie".

Diverse Tassie Anniversary

Tasmania is a State rich in cultural diversity and the *Diverse Tassie* newspaper celebrates its first anniversary, proudly supporting our migrant and multicultural community.

information on minimising COVID-19 transmission, and to assist families and individuals access the many services and support available.

“*Diverse Tassie* has provided our culturally and linguistically diverse communities with the opportunity to share information, celebrate achievements and provide support in a printed format, which has been particularly important during the challenges the COVID-19 pandemic has presented this year,” said Ms Archer.

“I would like to thank *Diverse Tassie* for its efforts to reach out to those in our community who may be in need,” Ms Archer said.

The Tasmanian Government’s vision is of a strong, confident and inclusive society where all people in Tasmania are treated fairly, with respect and without discrimination. No matter what your cultural background, everyone should have an equal opportunity to engage in our Tasmanian lifestyle.

“I congratulate *Diverse Tassie* on reaching this first birthday milestone and I am pleased to have provided my support since day one,” continued Ms Archer.

Meetings have been organised with community groups and leaders using interpreters and bi-cultural workers, to ensure up-to-date information is reaching these groups. Information has, and continues to be, distributed through settlement service providers, as



well as other multicultural services and organisations,” Ms Archer added.

Within the Tasmanian community, multicultural leaders, health workers, and community services have been reaching out to communities to share

“By extending kindness and reaching out to others during times of crisis, we build and strengthen the bonds that tie us together as a respectful, harmonious, and

“I am extremely proud to support a diverse Tasmania and wish *Diverse Tassie* all the best for continued success,” said Ms Archer.



“On behalf of the City of Hobart, I congratulate *Diverse Tassie* on the celebration of its first anniversary.

The City of Hobart recognises the valuable contribution of our multicultural communities, and the challenges that come from being in a new country and city, and away from support networks of home. The *Diverse Tassie* publication is a way to bring these communities together, providing the opportunity for the sharing of stories and outlooks that foster Tasmania’s growing diversity.

2020 has been a challenging year, and the impact COVID-19 has had on our multicultural communities has not gone unnoticed. It has been heartening to see the articles in *Diverse Tassie* each month sharing the wonderful community spirit and resilience during this difficult time. The hard work and dedication from those involved in compiling the publication each month is evident. I am sure this will continue on in the future years of this wonderful publication.

Councillor Anna Reynolds
Lord Mayor of Hobart”

Congratulations to *Diverse Tassie* on one year of strengthening a connected and harmonious culturally diverse Tasmanian community. Tasmania is fortunate to have a platform to share stories and perspectives that reflect and promote diversity and inclusiveness.

– Alison O’Neill, CEO of Migrant Resource Centre Tasmania

For 12 months I have enjoyed reading *Diverse Tassie*. All articles provide informative, interesting & stimulating reading. Some, such as Abu’s Diary, are also lots of fun. Article quality accrues great credit to *Diverse Tassie* team. :)

Dave, Vietnam Vet.

Diverse Tassie since its inception is playing an important irreplaceable role in the lives of many Tasmanians particularly our new arrivals from various overseas countries its great read the various informative articles from Politician’s Health Care Providers Community leaders etc

Diverse Tassie has kept track of various Multicultural, Sporting events, Community gatherings over the past year, these are what make our communities great places to live.

Well done to *Diverse Tassie* Team keep up the good works as we move forward in these Covid Times

—John Galpin

DIVERSE TASSIE



CONGRATULATIONS *Diverse Tassie*!

The Multicultural Council of Tasmania (MCOT) applauds *Diverse Tassie*’s work online and their monthly newspaper.

MCOT will continue to actively supports its work to bring communities together through sharing stories that reflect and celebrate Tasmania’s growing diversity.

Diverse Tassie has come a long way in a year. As Tasmania becomes more and more multicultural, it is essential to have a media outlet to represent the many and varied experiences of those who now proudly call our Island state home. As *Tassie* becomes more diverse, we are all enriched. I look forward to reading more great stories in the coming year.

Matt Garvin
Citywide Baptist Church

The views and opinions expressed in the articles are those of authors and do not necessarily reflect the official policy or position of “Diverse Tassie”.



ADVERTISEMENT



MEG WEBB
Independent Member for Nelson

My office is open and I am here to help the community. Please contact me on 6212 2290 or meg.webb@parliament.tas.gov.au



Information can be found at coronavirus.tas.gov.au

Recover. Rebuild.

Authorised by Meg Webb, Parliament House, Hobart.

Getting support to stay active and connected as you age

Older Tasmanians from culturally and linguistically diverse backgrounds can use a free service to help understand and access Australian Government My Aged Care services and support.

The Migrant Resource Centre Tasmania (MRC Tas) Aged Care Navigator Program offers assistance to older people so that they can remain independent and living in their own home for as long as possible.

MRC Tas Aged Care and Community Services Manager Tamara Speed said

that the aged care system can seem complicated and overwhelming, but that help is available,

“The Navigator program provides critical support and information to ensure older Tasmanians, no matter their background, have equal access to My Aged Care,” she said.

The below story provides an example of how the Navigator program works:

Navigator story

Mrs Tan is 75 years old and moved to

Australia 20 years ago. Her children noticed that she was having difficulty walking and encouraged her to move into a nursing home. However, Mrs Tan is very proud and independent and wanted to stay living in her own home, so she

contacted the MRC Tas Navigator for help. The Navigator visited Mrs Tan at home and helped her to make a phone call to register for My Aged Care services. After her assessment she was able to have rails installed throughout her house and started using a walker to assist with her mobility. Mrs Tan has

also started attending a regular lunch group. Her children have noticed how much happier their mum is since getting support and making new friends and community connections.

To access support via the Navigator program Tasmanians aged 65 years and over, their family members, and carers can contact MRC Tas by email agedcare@mrctas.org.au or by calling (03) 6221 0999.



Pictured: Harald Preuss

My Migration By Harald

After finishing my apprenticeship as carpenter in 1950 in Berlin I found myself six weeks later on the unemployment list. During my time as an apprentice I had started to study civil engineering part time at night in a Collage similar to the TAFE here. I could not change to study full time, as I would have lost my unemployment payments. After a year on the dole I saw advertisements at the unemployment office for labourers and tradesman on a two-year contract in the Tasmanian Hydro Electric Commission. My aim was to make plenty of money so that I could return and complete my studies full time. After some investigating, I decided on Tasmania. I applied and completed interviews, a medical examination, and several injections followed.

After a long wait I finally got word to report to the airport on March 23rd, 1952 for the trip to Australia, where we arrived in Melbourne on May 5th, 1952. The next morning, we were flown to Hobart and bused on to Tarraleah. Two of us were allocated a room with two bare beds and two small wardrobes. The

only other bedding we were supplied with were two chaff bags and straw to make a mattress out of it. The heating of our room consisted of a metal tube with a 750w element inside. I was lucky that I brought a linen sleeping bag and one blanket with me.

The next day we stated work and were driven to Wayatinah to build the camp for the next project. Here we worked only a normal 40-hour week, while those working at the power station associated workplaces worked shifts and overtime. This of course fulfilled my mission of saving lots of money. On top of that, I had my fare to Australia deducted from my pay. After twenty months I had enough and left the HEC and moved to Hobart. I didn't even have the fare to return to Germany, but I liked the life here.

So I settled in Hobart and eventually started work with the PMG Department and Telecom and ended up as a Senior Technical Officer. After 34 years of service I was made redundant in 1989. Now I am looking forward to my 90th birthday.

The views and opinions expressed in the articles are those of authors and do not necessarily reflect the official policy or position of “Diverse Tassie”.

EMERGENCY RELIEF - NORTHERN TASMANIA

Do you need help?

information	food	meals
bills	furniture	transport
chemist voucher	budget support	clothing

Launceston City Mission 6335 3000 www.citymission.org.au	Launceston Benevolent Society 6344 4213 www.lbs.org.au
The Salvation Army Tasmania 6323 7500 www.salvationarmy.org.au	St Vincent De Paul Society 6326 5551 www.vinnies.org.au
The Helping Hand Association 6391 2498 www.findehelptas.helping.hand	CatholicCare Victoria Tasmania 1800 819 447 or 6332 0600 www.catholiccaretas.org.au
Australian Red Cross www.redcross.org.au For temporary visa holders	Rural Relief Fund www.ruralbusinessstasmania.org.au For farming families

EMERGENCY RELIEF – NORTH WEST TASMANIA

Do you need help?

information	food	meals
bills	furniture	transport
chemist voucher	budget support	clothing

Youth, Family & Community Connections 6423 6635 www.yfcc.com.au	City Mission 6335 3000 www.citymission.org.au
The Salvation Army Tasmania 6430 4100 www.salvationarmy.org.au	St Vincent De Paul Society 6435 2323 www.vinnies.org.au
Wyndarra Centre 6452 2722 www.wyndarra.org.au	CatholicCare Victoria Tasmania 1800 819 447 or 6431 8555 www.catholiccaretas.org.au
Australian Red Cross www.redcross.org.au For temporary visa holders	Rural Relief Fund www.ruralbusinessstasmania.org.au For farming families

Multimedia Journalism: A new era of journalism

— Md Juman Hussan

Multimedia journalism is contemporary journalism that distributes news content using two or more media over the Internet, or disseminates news reports through multiple media platforms.

According to Mark Dews, “multimedia journalism refers to news stories enhanced by various media elements, including text, images, audio, video and other formats.”

The nature of journalism is changing because of the needs of the readers. People now want to read, see and hear at the same time. As a result, change is needed.

Robayet Ferdous, associate professor of mass communication and journalism at Dhaka University says, “everyone is going to be a journalist by using social media and it is challenging for real professional journalists in our contemporary world.”

He further adds, “journalism is being integrated with new technologies and as media houses take on the responsibility of assimilating new technologies, universities will incorporate these into their syllabus for study.

Zahid Newaz Khan, an online editor of Channel I who works as a guest teacher in the journalism and media studies department of Jahangirnagar University says that since YouTube is also inundated with original TV content in terms of entertainment, the most popular show are the ones people watching on TV and later on YouTube.

What tasks do multimedia journalists perform?

Multimedia journalists will inform the public about events in the world by collecting information, writing stories with photos and videos and broadcasting them online using social media.

What skills should a multimedia journalist have?

- Computer skills
- Problem solving skills
- Creativity
- Observation skills
- Technical knowledge
- Writing skills
- Photographic knowledge
- Editing knowledge for text, images and video



The views and opinions expressed in the articles are those of authors and do not necessarily reflect the official policy or position of “Diverse Tassie”.

Pitha Utshab (Festival) at Tasmania

A Pitha Utshab was held at Tasmania on Tuesday, 15th September 2020.

“Pitha Utshob” is a traditional event of our Bangladeshi culture in winter. Bangladeshi community in Hobart organized this event to keep this tradition alive and convey the glory of it to the next generation. This event allows the community members to interact with each other and to experience Bengali culture. Different types of delicious pithas including dhudhpuli, shemaipitha, mangsherpitha, chitoipitha, chocolate cake, custard cake, jhalpitha, shahitukra were prepared and served there.

Kaniz Fatema Munni(Organizer) of this event said that, we tried our best to keep this tradition of Pitha Utshab alive and convey the glory of it to the next generation. We will try to continue this event next year as well.

Now we will try to know briefly about Pitha.

Pitha/peetha is a part of life and culture of the Bangali and Bangladeshi people. But it is not part of our daily menu. Most pithas/peethas are seasonal, specially prepared in the winter season because of some ingredients which are available only in winter season. And pithas/peethas of the winter season are the most delicious – a special combination with the climate of winter cold. Besides, some pithas are strongly associated with harvest festivals such as Nabanna and Poush Parban. Some pithas are also made throughout the year. Most pithas are sweet and a few are hot.

Traditionally in Bangladesh pithas are prepared and served on special occasions, such as receiving bridegrooms or brides, entertaining guests and arranging special get-togethers for family members, relatives or friends. Pithas are often eaten at small meals, such as breakfast or as a snack with tea, although there are many sweet varieties that are reserved for

desserts.

The most common ingredients of pitha/peetha are unboiled rice or wheat flour, molasses/gur or sugar, coconut and oil. Meat and vegetables are also used in preparing some pithas/peethas such as Pooli pitha, Shabji(vegetables) pitha, Bhapa(steamed)pitha, Jhal(hot) patishapta pitha and Mangsha(meat) patishapta pitha. Sometimes fruits – mostly jackfruit, palm/palmyra, coconut and banana are also used. Date juice and molasses/gur prepared from date juice, molasses/gur are also some of desirable ingredients. These pithas are named after the name of the fruit they are made from. A special type of pitha is prepared by using tree leaves as covers and are named pata(leaf) pitha. Some pithas are named according to their size. A big size pitha is called “Hati pitha”, while one of the small types of pitha is named “Khejur(date) pitha. Sometimes the same pitha has different names in different areas. Some pithas are nationally known and familiar to all.

Pithas are prepared in different ways and that gives different taste. Depending on the type of pitha being prepared, pithas can be fried in oil, slow- roasted over a fire, steamed or baked and rolled over a hot plate.

In 1991, the Shishu Academy of Dhaka, Bangladesh arranged an exhibition of pithas, where 106 categories of pithas were displayed. Pithas are popular all over the country and each area has its unique type of pithas. The most common and popular pithas that are well known throughout Bangladesh are Chittoi pitha, Patishapta, Pakan, Bhapa pitha, Andosha, Kulshi pitha, Pata pitha, Jhuri pitha, Muthi pitha and Roser pitha.

Nowadays life is not so easy and simple like before. People, especially those who live in urban areas don't have much time to engage themselves in making pitha. It demands time and labour for pre preparation of pitha making. That is why nowadays cakes, pastry and other



EMERGENCY RELIEF - SOUTHERN TASMANIA

information 	food 	meals
bills 	furniture 	transport
chemist voucher 	budget support 	clothing

St Vincent De Paul Society 6234 4244 www.vinnies.org.au	Hobart City Mission 6215 4200 www.hobartcitymission.org.au
The Salvation Army Tasmania (03) 6228 8400 www.salvationarmy.org.au	Uniting Victoria Tasmania 6234 1296 www.unitingvictas.org.au
CatholicCare Victoria Tasmania 1800 819 447 or 6278 1660 www.catholiccaretas.org.au	
Australian Red Cross www.redcross.org.au For temporary visa holders	Rural Relief Fund www.ruralbusinesstasmania.org.au For farming families

food items that are sold commercially are gradually replacing traditional homemade pithas, especially in urban areas. But pithas still continue to attract many, even in urban areas. Many specialized shops sell costly pithas and small vendors in street corners also make

their living by selling cheap pithas.

— Md Juman Hussan

Source: en.wikipedia.org; banglapedia.org



The views and opinions expressed in the articles are those of authors and do not necessarily reflect the official policy or position of “Diverse Tassie”.

HIGH RISE BUILDINGS: PROTECTION

FROM FIRE SPREAD

Over the years, the high-rise building has gained tremendous interest in the field of fire safety, code bodies, state, regional and federal governments, and architecture, construction and development communities all analyze high-rise building safety and develop positions on the need (or lack of need) for additional protection in such buildings. According to NFPA 101-Life Safety Code, and NFPA 5000 - Building Construction and Safety Code, a high-rise building is defined as a building where the floor of an occupiable story is greater than 75 ft (23 m) above the lowest level of fire department vehicle access. In great significance it is the ability to contain a fire in a high-rise building. Fire control is both a life safety and property protection issue, with large numbers of people in a building, many of whom may be above the fire location. Many of the building's features are affected by fire control, including its overall fire resistance, compartmentalization, automatic and manual suppression, and content control.

A fire in a building always creates an external fire hazard to other nearby buildings or structures by exposing them to heat by radiation and convection, as well as to the danger of flying brands from the fire. Any or all of these sources of heat transfer may be sufficient enough to cause an ignition in the exposed neighboring structure or its

contents. When discussing protection from exposure fires, there are three conditions to be considered:

1. Exposure to horizontal radiation,
2. Exposure to flames issuing from the roof or top of a burning building in cases where the exposed building is greater in height than the burning building, and
3. Airborne debris or brands that can be carried to a new building to start a fire.

Since long ago, researchers have been investigating the phenomenon of external fire spread in the multi-rise building, using small- and full-scale research programmes along with numerical & computational simulations. During the 1970s and 1980s, many fires occurred in the high-rise buildings, resulting in massive loss of life and damage to the structure. During the investigation, it has been shown that the main factor in fire development is the progression, from one level to another, of the fire through the windows, balconies and openings of the buildings. The impact on human deaths caused by the spread of fire in recent times has been largely reduced but the damage remains huge. The greatest danger for the fire propagation is the spread of internal fire and in order for internal fire to diminish internal fire spread the building standards

throughout the world have been explained in great detail. Whereas the external fire compartmentation is not specified in a detailed manner. In recent times, the architecture of buildings has progressed with the advancement of technologies and materials, resulting in higher buildings using glass-covered facades. These kinds of technologies involve precise estimates and multiple experiments, along with risk estimation assessments. The use of computers and computational methods has been very effective in researching the impact of building geometry in the last fifteen years.

In my opinion, the external spread of fire can be described as the spread of fire through radiation and convection from an external plume or flame through external openings. This kind of phenomena may also be called the propagation of windows to windows, the leap frog effect, etc. The exterior flames typically take place in two ways. Powerful buoyancy is created because of the high temperature difference between the hot fuel mixtures and the outside air, which results in the plume pushed upwards over the building's façade as soon as it leaves the opening. In situations where the hot air and flames are located in front of the external openings above the fireroom, the thermal stress caused by radiation and convection can result in the cracking of the glass planes. Glass panes normally break when heated to 550 to 600°F (288 to 316°C), although some breakage may occur at lower temperatures. Glass breakage is actually the result of thermal stress induced by heating the area of the glass panel faster than the area of the frame. There is a certain possibility that the fall out of the glass will result in this cracking. If a window is left open for the purpose of cooling, the façade could be exposed and hot air could be drawn in and the interior could be exposed to convective heat flux in the vicinity of the opening and ceiling. At that time, a fresh air supply, preheated combustible materials, and hot pyrolysis products can combine to produce a rapidly developing fire, which may break out of the concealed space over a wide area. As positioned close to the opening and because of the

high heat emission, the available fuel materials such as curtains, furniture will burn, convection and radiation will add to the exposure. When this ignition happens and progresses to a point in which flames appear and the same condition is repeated from the opening. In situations when two floors are simultaneously burning, by supplying extra thermal energy and upward velocity, the external plume from the lower will impact the plume emerging from the higher. Due to a reduced intake of air and oxygen from the reduced flume, the higher plume would travel longer to achieve complete combustion.

The following precautions if considered can have an impact on the external fire spread.

1. Spandrels
2. External horizontal projections
3. External vertical projections
4. Glazing
 - Fire-resistant glazing
 - Window sprinklers
5. Sun screens
 - Louvres
 - Blinds

By: Mir Azhar Ali Razvi is a Mechanical Engineer with over 10 years of experience in the fire protection industry, good understanding of how the codes & standards (NFPA, IBC, BS, IPC, IFC, UL, FM etc.) and civil defense work, including consultants and contractors.





MORNINGTON TYRE SERVICE

TYRES & AUTO REPAIR

OPEN MON-FRIDAY 8-5 PM & SAT 8-12 PM

131 Mornington Rd, Mornington TAS 7018

(03) 6244 1313







DUNLOP

SUPER DEALER

The views and opinions expressed in the articles are those of authors and do not necessarily reflect the official policy or position of "Diverse Tassie".

Multicultural Economic Participation Forum

The Multicultural Economic Participation Forum (MEPF) has run more than half of its series of pilots sessions. Started on Sept 5th, MEPF has explored its first topic – “What’s Out There for the Tasmanian Economy? What are Jobs of the Future?” – over five Saturdays. Since last Saturday, the forum has started discussing the second topic “Where are Resources Assisting Employment and Entrepreneurship?”.

The forum has attracted more than 200 participants, and counting.

“The multicultural community’s responses have been very positive”, said Jade Li, the project manager, “because there is a strong demand to find a way out of the challenging job market.” Speakers for the past six Saturdays came from various stakeholders, such as independent economist Mr. Saul Eslake, State Growth, Regional Development Australia – Tasmania, City of Hobart, City of Glenorchy, Tasmanian Small Business Council, a local business

owner, an employment service provider, and Australian Government’s Local Jobs Program.

Learning the strategic-level information from these speakers enables the participants to proactively identify opportunities in the job market or new businesses. “Our forum does not give people fish directly, but offer a fishing rod for people to catch their own.” Jade said.

Many anecdotal stories in the multicultural community have show highly educated and qualified talents having a hard time finding work suitable for their skills. Past weeks’ talks have pointed to some potential directions: renewable energy, education, small businesses, healthcare sector. Applying migrants’ talents to these area may offer a solution? No one has the correct answer, but exploring possibilities is the first step towards a more meaningful economic participation.



Diverse Tassie’s representative on MCOT Board.

Diverse Tassie is delighted to announce to our readers that our very own Creative Consultant and Co-Founder of Diverse Tassie, Rajat Chopra has been elected as a board member of Multicultural Council

of Tasmania. Congratulations to him and we wish him in all the best in his tenure and hope and believe that with his strong noble intentions and positive resolutions he will try to make a difference.

When asked for his response on the same, Mr Rajat Chopra said

“Any organisation is all about people. People working together ,caring for each

other and listening to each other concerns. It was so enduring to see so many people turning out for MCOT’S AGM,it reflects the growing passion and strive among people for a better community.Thanks



for electing me as a board member.I vouch to stay disciplined and true to what I spoke before the elections of going together as ‘WE’ and reassure to be a voice to echo the concerns of multicultural organisations of Tasmania. Thanks Everyone”.

Diverse Tassie congratulates all the newly elected board representatives. May the New Era Begin.

The views and opinions expressed in the articles are those of authors and do not necessarily reflect the official policy or position of “Diverse Tassie”.

Tasmania's Safe Border Strategy

13 October 2020
Peter Gutwein, Premier

Today we have released Tasmania's Safe Border Strategy which highlights key action areas to maintain a vigilant and proactive approach to managing the COVID-19 risk at our borders, in our community and vulnerable settings as we move to ease our border restrictions.

At this stage, our plan continues to be that on October 26 we will open to the low risk jurisdictions of South Australia, Western Australia, the Northern Territory, Queensland, and the ACT.

We are continuing to monitor the situation in New South Wales closely and we will provide an update on October 19, about our border arrangements with that state.

Our Safe Borders Strategy is based on and supported by a robust planning framework for Tasmanian settings, the COVID-19 Case and outbreak management framework for Tasmanian settings, which is publicly available on the Department of Health website.

I want to assure Tasmanians that the processes we will put in place at our borders will be sensible and robust.

Anyone travelling to Tasmania from low risk jurisdictions will be required to register their travel and contact details before entering the state via a new Tas E-Travel registration system. We will be communicating more about how travellers can register through

this system via the coronavirus.tas.gov.au website in coming weeks.

Anyone who has spent time in high risk areas will still have to apply to enter our state via the G2G system.

Importantly, there will be health screening for all arrivals to our State including temperature checks and questions regarding whether they have any symptoms.

Following health screening, those from low risk areas who have symptoms will be requested to get a test and to isolate until the result is known.

When it comes to arrivals who visit our State via the Spirit of Tasmania, travellers coming to Tasmania from low risk jurisdictions will need to transit directly through Victoria, only stopping for fuel.

We are constantly reviewing all of these measures as part of ensuring all our capabilities are ready as we move forward.

As we move to implement Step 2 of our transition plan for our borders, it is not the time for complacency – it is more important now than ever to keep following the simple rules, so we can continue doing the things that we enjoy.

Remember, wash your hands, cover your coughs and sneezes, if you're unwell stay at home and don't go to work, and if you display even the mildest symptoms, please, get a test.

A copy of the Safe Borders Strategy can be found here: <http://bit.ly/TASBorderStrategy>

A copy of the COVID-19 Case and outbreak management framework for Tasmanian settings is available here: <http://bit.ly/TASframework>

Sports Championships Program now open

12 October 2020
Jane Howlett, Minister for Sport and Recreation

The Tasmanian Government supports Tasmanians participating in sport and leading a healthy and active lifestyle and providing opportunities to host elite level competitions.

Applications for the grants under the annual National/International Sport Championships Program 2020-21 are now open.

Under these grants, \$40,000 will be provided to eligible sporting organisations to host national and international championships within Tasmania between 12 October 2020 and 30 November 2021.

In 2019-20, the program provided funding of \$40,000 to 13 sport and recreation organisations to assist with

the hosting of championships, including the Mountain Bike Australia, National Gravity Enduro Championships, the Paddle Australia Canoe Slalom Age Championships, and the Triathlon Tasmania Inc, Paratriathlon World Series.

The 2020-21 program will be especially important as sporting organisations around the state recover and rebuild from the COVID-19 pandemic.

The program will be open for applications until 14 May 2021, or until program funds are exhausted.

Guidelines and applications forms are available at www.communities.tas.gov.au, by email at csrgrants@communities.tas.gov.au or via telephone on 1800 204 224.

Your Local Indian Grocery Store

- Range of spices & lentils
- Frozen naan & parathas
- Indian Sweets
- Ready to eat meals
- Basmati rice
- Curry pastes
- Pickles & chutneys
- Pappadums
- Spicy nibbles
- and much more!!!

41-43 Forster Street, New Town - 6228 1888
117 Tolosa Street, Glenorchy - 6272 0909




HOBART SOCIAL FOOTBALL WORLD CUP

JANUARY & FEBRUARY 2021



Love football?
Got overseas heritage?
Ever wanted to represent your nation... without leaving Hobart?

What you get:

- Three to six football games to play and enjoy against other 'national sides';
- A basic national team coloured shirt to take the field in
- Great fun, fitness and friendship, as part of a multicultural festival of football.

What you need:

- A squad of 16 to 20 players of the same national heritage (eg. Chinese, Dutch, French, Brazilian, Sudanese, etc);
- To pay a squad entry fee of about \$25-35 per player;
- Availability to play weekend games, and weekday evening games, in January and February next year.

We are seeking three tournaments - men, women, and youth - subject to entry numbers. Only one side admitted per nation, and places are limited... so don't miss out!

Please submit expressions of interest to HobartWorldCup2021@outlook.com by Friday October 23rd, 2020

For more information, please contact HobartWorldCup2021@outlook.com

NOTE: Competition is intended for social standard players and/or people who don't play competitive football, not elite competitive players (NPL, WSL, Championship, etc).




By law you are required to keep correct business accounting records.

But good software also brings business success!

Ask us what the easy and low cost options are



Contact | 03 62953067 | 0412 416399
info@bussofttas.com.au
www.bussofttas.com.au



**Diverse
Tassie**

community hotspot

Newspaper Rate Card

Diverse Tassie reaches more than 5000 homes across Tasmania in major communities such as Hobart, Glenorchy and Launceston.

Strengthen your ties in these communities, while supporting our free hyper-local newspaper, with your advertisements. Our paper is delivered to the community through local community outlets, such as cafes, libraries, council buildings and more.

Introductory advertisement deals include:

- Small (full colour) - \$32 for 1 placement on 2 editions*
- Square (full colour) - \$60 for 1 placement on 2 editions*
- Strip Banner (full colour) - \$84 for 1 placement on 2 editions*
- Quarter Page (full colour) - \$152 for 1 placement on 2 editions*
- Half Page (full colour) - \$266 for 1 placement on 2 editions*
- Full Page (full colour) - \$532 for 1 placement on 2 editions*

*All prices are full colour, inclusive of GST and are per placement. Other size options are available upon request at \$2 per column cm.

Please email your advertisement enquiries to
advertising@diversetassie.com.au





5th Season Launch of ICSL- Hurricanes Champions league

“We all have a role to play”

On 3rd October, 2020 ICSL-HCL celebrated its 5th Anniversary and we would like to thank everyone for making this community event successful.

Theme : ICSL since its inception is all for providing equal opportunities to all the participants to assimilate into society, meet new people, make friends and share in a cricket passion common to many, coming from different walks of life.

With all the conundrum surrounding covid-19, this year has brought many new challenges that have forced a lot of people into anxiety, depression and loneliness, ICSL has chosen to partner with Mental health council of Tasmania and this year we are using the theme “We all have a role to play” to create awareness of mental health in Diverse Communities.

A big thank you for all our VIP guests for being part of this event:

LORD MAYOR Anna Reynolds HOBART CITY COUNCIL
 MAYOR Meg Webb CITY OF GLENORCHY
 Bec Thomas, Deputy Mayor Glenorchy City Council
 Alderman Simon Behrakis COUNCILLOR HOBART CITY COUNCIL
 Councillor Zelinda Sherlock HOBART CITY COUNCIL
 Meg Webb – Independent for Nelson-MLC.

CEO of Mental Health Council, Connie Digolis spoke on the importance of mental health. JAMES FROM SPEAK UP STAY CHATTY and Will braid from Glenorchy Cricket Club too shared their views on mental health.

The highlight of the event was a special exhibition match, that was held between ICSL Women Team vs Glenorchy Cricket Club to encourage greater participation of women from multicultural communities in sports.

The mood of the event was doubled through wonderful Piano of Tasmania performance by Kelvin Smith. Special Thanks to DJ Arutla and Bhavika Sharma for the energy and enthusiasm they brought into the event.

A free banquet of vegetarian food was served for all guests on the day provided by our catering partner Annapurna Indian Cuisine.

We thank all our sponsors and supporters.

