

Remembrance Day

When is Remembrance Day?

Remembrance Day falls on the 11th of November each year.

On the 11th hour on the 11th day of the 11th month, a minutes' silence is observed and dedicated to those soldiers who died fighting to protect the nation.

In Australia and other allied countries, including New Zealand, Canada and the United States, 11 November became known as Armistice Day – a day to remember those who died in World War One. The day continues to be commemorated in allied countries.

After World War Two, the Australian Government agreed to the United Kingdom's proposal that Armistice Day be renamed Remembrance Day to commemorate those who were killed in both World Wars. Today the loss of Australian lives from all wars and conflicts is commemorated on

Remembrance Day.

“From about the 6th November each year you will notice lots of people, on thousands of Australian street corners, selling red poppies and lots of other Remembrance Day items to raise money for the welfare of Army, Navy and Air Force Veterans. These people are from the Returned & Services League (R.S.L.) and most will be wearing their service medals and carrying R.S.L. identification. When you buy a poppy you should wear it on your left side (over the heart); the red represents the blood of all of those who gave their lives, the black represents the mourning of those who didn't have their loved ones return home, and the green leaf represents the grass and crops growing and future prosperity after the wars destroyed so much. The poppy should be positioned at 11 o'clock to represent the eleventh hour of the eleventh day of the eleventh month, the time that World War One formally ended.



Glenn Jackson, Vietnam Veteran

This is to remind the younger generations of the day's importance because all the World War One and most of the Second World War veterans are no longer with us and the remaining veterans want you all to know of the sacrifices made, so that you can all live in a free and democratic country.”

— Gavin White, Vietnam Veteran.

TOGETHER WE CAN BUILD A GREAT TASSIE.

Thank you Hon. Meg Webb MLC Independent Member for Nelson, for mentioning Diverse Tassie in your Special Interest Matters speech in Parliament on 27 Oct. Its a great encouragement and we thrive on people's encouragement to keep continuing the work at Diverse Tassie. We vouch to continuing our journey and get closer to grassroots and bring more unknown, inspiring stories /news/articles for all our readers.

Ms WEBB (Nelson) -- Mr President, today I am pleased to congratulate Diverse Tassie on its first anniversary. Diverse Tassie is a monthly newspaper serving Tasmania's diverse communities with news, views and events.

It was started by three friends – Mohan Mattala, Rajat Chopra and Johnpaul Varghese. These three had a dream, a vision of introducing a community newspaper for all Tasmanians to voice their ideas for building a strong, diverse and harmonious Tasmania.

In many ways Diverse Tassie arose from the trio's gratitude to the Tasmanian community – a Tasmania that has embraced and accepted them irrespective of their varied backgrounds, and a Tasmania they believe has given them a better future and standard of living. Mohan wrote to me saying, ‘We always wanted to give something back to the state which has given us so much.’

The first edition of the Diverse Tassie community newspaper was published in October 2019. Since that first edition the newspaper has been printed monthly and distributed statewide. It also publishes regular updates on various issues through social media and on its website, and organises and promotes events and forums around the state.

Diverse Tassie's mission is to bring communities together through sharing stories and perspectives that reflect Tasmania's growing diversity. Its tag line is ‘Bringing communities closer

every day’.

The three founders of Diverse Tassie identified that there was a vacuum of information for Tasmania's diverse populations and they wanted to fill that vacuum. Prior to the COVID-19 restrictions that we have experienced this year, Tasmania had seen an influx of international arrivals over the last few years.

The University of Tasmania's Institute for Social Change's May 2020 Tasmanian Demographic Analysis SnapShot found that compared to 2018, 2019 saw net overseas migration to Tasmania increase by 6.8 per cent, or 2990 people, so we are on an upward trajectory, increasing our overseas migration and increasing our diversity.

The main source of overseas migrations was international higher education students, that was about a third; humanitarian entrants, which were

about 17 per cent; and permanent skilled migrants, which were also around 16 per cent. Over half of our overseas migrants were aged between 15 and 29 years of age, so in younger age brackets.

So how do we benefit from diversity in the state? When we meet and live and work with people who are different to us, we are more likely to be exposed to new ideas and new ways of thinking.

It can lead us to reflect on why we do things the way we do, to examine our values and our beliefs, and this can open our eyes to the multitude of ways of doing things and can free us from the pressures to conform to a one-size-fits-all world view and approach to life. Exposure to new perspectives can lead to a better, richer, more inclusive and truly accepting community.

(To be continued on page 5)



Elise Archer MP

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For more information, please contact **HobartWorldCup2021@outlook.com**

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Supporting Tasmanian Nepalese Cricket

The Tasmanian Nepalese Cricket Association (TNCA) was formally established in 2019 and recently celebrated the five club's membership of the association and the festival of Dashi.

Attorney-General and local Liberal Member for Clark, Elise Archer, was invited to attend and was presented with a Certificate of Appreciation from the Association in recognition of her continued support.

"2020 has been an unprecedented year of challenges for sport in Tasmania and I commend the hard work of the Tasmanian Nepalese Cricket Association and its member clubs and volunteers to ensure a safe return to cricket," Ms Archer said.

"It's great to see the rapid growth of the Nepali community in Tasmania and to see the enormous amount of work the Tasmanian Nepalese Cricket Association has done with clubs in such a short space of time. As a supporter of the Intercultural Sports League since its inception, I have been pleased to be involved in supporting and advising the TNCA's development in recent years, knowing how important it is for people to connect with and support each other," Ms Archer said.

"COVID-19 has taught us all how important our physical as well as mental health and wellbeing is, and playing sport is a great way to socialise and stay healthy, physically and mentally," Ms Archer added.

Four member TNCA clubs are based in Hobart, namely the Gurkha Legends, Yeti Cricket Club, Southern Raiders Cricket Club and Kathmandu Warriors, and the Launceston Nepali Cricket Club is a northern based TNCA club.

"Elise Archer has been an outstanding contributor and supporter of the Tasmanian Nepalese community, providing valuable advice and assistance to apply for funding for our association," said TNCA President, Mr Prakash Upreti.

"The State Government Communities, Sport and Recreation COVID-19 Sport and Recreation grant funding we secured enabled the TNCA to assist with items such as hand sanitisers, helmets, gloves and wicket keeping gear," Mr Upreti

added. "Our Government is extremely proud to support community sports like cricket. We recognise the important role sport and recreation will play in Tasmania's

recovery from COVID-19," Ms Archer said.

The TNCA cricket season will commence during the first weekend of November 2020.



Photo: (L-R): TNCA sponsor BMW Education Consultancy Hobart, Bishnu Sapkota, local Liberal Member for Clark, the Hon Elise Archer MP, TNCA Public Officer, Punam Panta, Lord Mayor of Hobart, Anna Reynolds and TNCA sponsor BMW Education Consultancy Hobart, Pradip Pokhrel.



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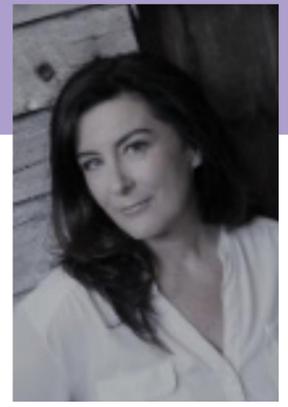
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Garden Grace

By Tara Bufton



Anger, stress, worry, fear. The antidote? Gardening.

If you're feeling the worry of work woes or the strain of stressed out family tension, give yourself a dose of digging – delay the trip to 'Dr Pill and Pay'... you never know, an evening or two in the backyard and you may be able to put it off altogether this time.

I'm not 'anti-GP' by any means. I've

relied on the help of my family doc many a time – but I think if we try a few “de-stress methods” it can be the secret to feeling a little better when your mental health is under duress.

One de-stress method I've recently re-discovered is getting down and dirty... in the garden. Getting dirt under my nails may not impress my partner so much, but studies suggest that the microbes in

soil decrease anxiety and boost brain function. It's a thing.

So getting out in the garden works on a few levels.

Level 1 – the physical. It's a workout that's for sure.

Level 2 – the mental. Your mind is focused on the soil, the birds, the flowers, the weeding, sorting and seeding. Focussing on these simple things can't help but bring you peace, ease and grace.

Level 3 – the microbes. All you have to do is put your hands in that soil of life and health and the microbes will do the rest. Here's the link so you can check out the research for yourself. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1868963/>

[nml.nih.gov/pmc/articles/PMC1868963/](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1868963/)

My recommendation for taking steps towards improving your mental health this month is as simple as walking on out to the garden – or buying a few pot plants if you haven't got the luxury of a piece of dirt to play with where you live.

Disclaimer: I write from a lived-experience voice – I am not a qualified mental health practitioner.



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New Creative Space Opening: Oh Oh 9

Oh Oh 9 is a new creative space located at No 32, Albert Road in Moonah. It is a new kid on the block!

The name is derived from the postal code for Moonah minus 7 which is for Tasmania.

This cosy little creative space is the brainchild of Sharon and Bill Harvey and opened in July 2020. Sue Hickey MP is the patron and a keen supporter of the creative programmes held there.

With the mission to engage the community, promote sustainable lifestyles and build resilience during this time of global pandemic, the programmes and creative activities cater to people of all ages ranging from children to senior members of the community.

They include fruit art, Mandala Drawing, incense making, Chinese Ink Painting, cooking classes and the latest Blindfolded Dining Experience has proven to be popular.

In a nutshell, *Oh Oh 9* provides a small welcoming Covid safe environment for small groups of people to meet, interact and enjoy different learning experiences.

These experiences are

memorable and creates the opportunities for friendships to blossom and reinforced and grow.

Oh Oh 9 also provides a platform for local and visiting artists and artisans to share their creative knowledge with the community and at the same time make some revenue to supplement their income. Some of the events are paid events and others are free events.

The cost of participation is kept at a very affordable level to encourage people to join.

In the coming months, more exciting and thought provoking activities are being lined up such as the Death Cafe, Pup Up Cafe, dinner talks on mindfulness, anxiety and how to cope with living in a pandemic.

Response from the community leaders, politicians and the general public has been very encouraging.

Updates on upcoming events can be found on Facebook.

The contact number for *Oh Oh 9* is 0438885280.

Sharon Soo Kit
Oh Oh 9



(Together We Can Build a Great Tassie, continued from page 1)

The team at Diverse Tassie is motivated to provide a positive and nurturing environment which can cater to the diversity of our rich and inclusive community. Since its inception, Diverse Tassie has given particular focus to stories of silent achievers who have contributed so much to the Tasmanian community with little fuss or fanfare. This has included stories of various community organisations that are working diligently within their communities. For example, in the November 2019 edition there was a story about an intercultural church hosting multicultural carols for different groups where they shared carols in their native languages, while in another example, the AFL football clinic for young women from refugee backgrounds saw players from the North Melbourne women's AFL team passing on skills and tips on playing this traditionally very Australian game.

The newspapers also covered stories about the way different community organisations and government

organisations have come forward to help Tasmanians during the time of the pandemic. To highlight just a few – the Refugee Communities Association of Australia and Help Himalayan Youth Foundation has provided basic food items to support 40 Rohingya asylum seeker families during Ramadan this year Show Hope has provided curry meals and groceries to an average of 200 international students two nights a week, and Subbies, a home away from home community for South Asian students during the COVID-19 time, has committed to providing food and daily essentials to those in need.

These are just some of the diverse and inspiring examples of positive contributions to our community made during a time of real challenge.

In closing, I will quote the first paragraph of the first edition of the Diverse Tassie community newspaper. It said – Embracing and respecting the fact that every individual is unique and accepting him irrespective of his race, colour, ethnicity, gender, socioeconomic status, religious beliefs, political ideologies and other diverse differences is an ideal



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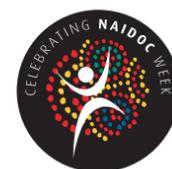
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Independent Member for Nelson

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Authorised by Meg Webb, 3/32 Channel Hwy, Kingston.

scenario for any healthy society to prosper. join me in congratulating Mohan, Raj and Johnpaul on bringing this culturally rich and diverse publication to our state.

We can all agree with that sentiment. I encourage all Tasmanians to grab a copy of the latest edition of Diverse Tassie and

Members – Hear, hear.

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Celebrating Culturally Diverse Seniors!

Did you know that Tasmania has the oldest average age of all States and Territories in Australia? We're also ageing the fastest, and it is projected that by 2030, 1 in 4 Tasmanians will be aged over 65 years!

Each year, Seniors Week is celebrated to help tackle ageism in our society and show appreciation for the knowledge, skills and experiences that older people contribute to our community. MRC Tasmania aged care clients celebrated Seniors Week by exploring some special places around Hobart. One group enjoyed a café and park visit in New Norfolk. Another group visited the Channel Heritage Museum and loved the nostalgic display of local heritage artefacts and information about the region.



Remembrance Day

11 November 2020
Peter Gutwein, Premier
Remembrance Day 2020

Today, on the 11th hour of the 11th day of the 11th month we pause to remember those men and women who have served and sacrificed for their country.

Today marks 102 years since the end of World War One. It is the day the guns fell silent but their impact has resounded for generations. This war claimed the lives of 16 million people around the globe, including over 60,200 Australians and of the 15,000 Tasmanians enlisted, around one in five

lost their lives.

Every Tasmanian family was touched by the tragedy of this war.

After the Second World War, Armistice Day was renamed Remembrance Day to commemorate all those who have lost their lives in war.

Today, against the backdrop of a year where we have endured challenges, and lost more than 1.2 million lives across the world to an insidious disease, we come together.

Today we remember those who volunteered, sacrificed, served, fought, and died, for our freedom.

For those who paid the ultimate sacrifice to make Tasmania, and Australia the country that it is.

Wreath laying ceremonies are being held on Remembrance Day around Tasmania. All Tasmanians are encouraged to attend, wear a poppy in remembrance or take a moment's silence at 11am to reflect and remember.

Lest we forget.

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Green time and children mental and physical health

Md Juman Hussan

'Green time' can be spent at your local park or simply in your backyard, playing in the sand, climbing a tree or making a mud pie. See our age specific activities finder for some ideas.

The best reason why children should make the move from the TV or computer room to the outdoors is that it's fun and you and your kids will be happier and healthier doing things together.

There is also a growing body of research showing that by bringing unstructured outdoor play (nature play) back into our children's lives we can help their cognitive, emotional and physical development and ensure they build resilience and imagination that are so important for a fulfilling life.

Children learn incredibly fast. Just like a sponge they absorb everything that's new, developing new skills and knowledge about the world. They are also highly drawn to screens, which is not that bad, if they are learning something, right?

Scientists from the University of Adelaide reviewed 186 studies from around the world and found that time outside is way more important than screen time.

You've been a kid, you know

this – children love watching TV, playing video games or, nowadays, watching videos on the internet. Some of the content they consume is educational, which makes some parents believe that it may actually be beneficial for their children. However, the truth is that screen time works pretty much like babysitting for most parents – they enjoy the quietness, brought by their children getting immersed in electronic devices.

Screen time is also safe – children are not going to go anywhere, while they have something to play with. Meanwhile when children are running around outside, they are constantly in a risk of falling over or bumping into something. However, this new study shows that staying outside is actually much more beneficial.

Scientists reviewed a lot of studies from all over the world and found that time spent in the natural environment is associated with favourable psychological outcomes including lower levels of mental illness, superior cognitive functioning, and higher academic achievement. Outside world is much more stimulating than you think it is. Also, children exercise more when they are outside, which is always good for one's mental and physical

health.

However, scientists also found that it is children from lower socioeconomic backgrounds that do not get enough of green time. This is because their parents don't have the time or resources to take their children to areas suitable for outdoor activities. Poor families oftentimes live in harsh urban environments, which are not suitable for safe outdoor play. This leaves these children in a disadvantage, particularly considering benefits for mental health.

Researcher Tassia Oswald, who conducted the study, said: "Providing parents, teachers, researchers, policy makers, and young people themselves with a summary of what evidence is out there may help them understand the psychological impacts of exposure to screen-based technologies and natural environments to ensure optimal well-being."

Children should spend more



time outside. Screens are always going to be there. Playing outside will boost their immunity, foster their creativity, improve their mental and physical health.

Abu's diary

The diary of a free spirited Maltese Shih Tzu. Adopted daughter to a Chinese accounting student and a tall hairy social worker - Looks a little like a spring onion

Twelfth diary entry:

Last entry, I was a grumpy pooch. I got trapped into focusing too much on that angry man in America! Boy, o boy, I am happy that he has lost! I dove into my inner beast wisdom and pondered upon what real leadership is. As far as I am concerned, real leadership in my inner circle – is when my parents give me all the tastiest chicken in the neighbourhood.

This entry, I could continue to focus on politics, such as – accepting a loss with grace and humility but I fear that I am becoming too much of a couch potato lapping up all the USA rubbish.

This entry – I wish to share the delights I have experienced with my most beloved and gorgeous parents. We have cruised around the state, not just on land! They bought us a kayak. Two person...grrrrrr. But wait, we discovered I can join in – awoooooof woooof! I have been officially ordained as the first canine captain of a boat ever recorded in dog-kind. Together we have drifted through the Huon & Derwent river waters, soaking up Vitamin D and enjoying the soothing feelings of wind and sun caressing our big cheeks. Yes, all three of us have lovely, friendly rosy cheeks.

My mum is a gifted woman but boy o boy - she can be clumsy. Whilst out in the middle of the Huon river, and as she was lying back, dozing off into dream-world, likely enjoying the feeling of running her fingers through my beautiful coat – she flickered open the hole in the kaya's front end. Behold – in came the water!

The only benefit I could see from this – was the possibility of a juicy fish falling into our laps. Luckily, the three of us are a good team. Quick to support and slow to lay blame on such clumsy events. We had sprung into action and hurtled towards the safe lands. Once there, we sealed up the hole, stopped off for a much-needed potty-break and leaped back into our luxurious river-cruise!

Wait there is more! In the past week, we road-tripped to Bicheno. Finally – warm weather galore. I was getting ready for non-stop love and adventures with my most brilliant parents – when they shocked me! Can you believe it? They had decided to trap me indoors at our accommodation – all because they were on a penguin tour. Apparently, I can harm those most silly looking creatures? Why would I even waste my time spending energy on those disgusting things. My parents were apparently in love with them...grrrrrrrr. I must admit though – from what I have heard they are remarkable hunters in the water. Any creature who has talents for finding food – has all my respect!

I have heard too that the gentle beasts of the ocean are around – the magnificent whales. I often dream of them. Their wisdom, their power and am delighted to hear that there are more of them than ever before. Who knows why? My gut is because the humans have not been able to invade the waters with their giant, dirty machines much in 2020. I just hope humankind does not rush back into their all-conquering and consuming ways...

The whales do not sing because they have an answer, they sing because they have a song – Gregory Colbert



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Multicultural Music and Play Group at the Multicultural Hub

Where : Multicultural Hub, 65 Hopkins Street in Moonah

When : Tuesday mornings 10 am to 12 pm

Cost : Gold coin donation

The Multicultural Music and Playgroup is meeting every Tuesday morning, 10-12am, at the Multicultural Hub in Moonah.

The playgroup is for children from 0-5years old.

During the Covid-19 pandemic all of us, including parents and children, have experienced lots of changes and may be living with increasing anxiety and uncertainty.

A statewide survey conducted by Multicultural Council of Tasmania (MCOT) has shown an increase in feelings of social isolation, especially amongst new mothers who do not have support from their family due to Covid travel restrictions.

The Multicultural Hub is hosting a weekly playgroup to enable children to play together, to learn music and support families to connect.

Everyone is welcome to join on Tuesdays at the Multicultural Hub.

The first half of the playgroup is facilitated by a qualified music teacher with 30 years teaching experience, Catherine Cretan, who's working towards promoting baby music play? based on Hobart Baby Music.

The second half of the playgroup is a play session with specialized toys that is support by Claire Liu, a volunteer who is currently studying Early Childhood Development.

More information about the Multicultural Music Play Group via: <https://www.facebook.com/multiculturalplaygroup/> or call the MCOT office via 03 6170 9196



MULTICULTURAL COUNCIL of TASMANIA



Multicultural Music and Play Playgroup



Every Tuesday morning 10-12 at the Multicultural Hub 65 Hopkins St. Moonah. All families welcome!



For children 0-5 years years



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Help to Navigate Aged Care

The MRC Tas Aged Care Navigator is a free service that helps multicultural older people and their families to understand what services and support is available through the Australian Government (My Aged Care). Assistance is offered statewide from our Glenorchy and Launceston offices.

We can help you to register with My Aged Care for support to live in your own home as long as possible.

For more information, email agedcare@mrctas.org.au or call us on (03) 6221 0999.



Support for migrants in Tasmania

Migrant Resource Centre Tasmania has a range of programs for people from a multicultural background living in Tasmania, regardless of whether they are a temporary or permanent migrant. These include:

- Mental Health support through the Phoenix Centre
- Support for those impacted by COVID-19
- Information and referral to other services
- Employment assistance
- Aged Care
- Multicultural Youth Program

For more information and assistance please contact us on (03) 6221 0999 or email reception@mrctas.org.au

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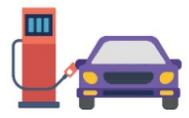
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EMERGENCY RELIEF - NORTHERN TASMANIA

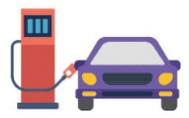
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Australian Red Cross www.redcross.org.au For temporary visa holders	Rural Relief Fund www.ruralbusinessstasmania.org.au For farming families

EMERGENCY RELIEF – NORTH WEST TASMANIA

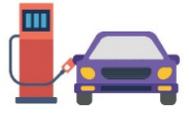
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Wyndarra Centre 6452 2722 www.wyndarra.org.au	CatholicCare Victoria Tasmania 1800 819 447 or 6431 8555 www.catholiccaretas.org.au
Australian Red Cross www.redcross.org.au For temporary visa holders	Rural Relief Fund www.ruralbusinessstasmania.org.au For farming families

EMERGENCY RELIEF - SOUTHERN TASMANIA

  Do you need **help?** 

information 	food 	meals 
bills 	furniture 	transport 
chemist voucher 	budget support 	clothing 

St Vincent De Paul Society 6234 4244 www.vinnies.org.au	Hobart City Mission 6215 4200 www.hobartcitymission.org.au
The Salvation Army Tasmania (03) 6228 8400 www.salvationarmy.org.au	Uniting Victoria Tasmania 6234 1296 www.unitingvictas.org.au
CatholicCare Victoria Tasmania 1800 819 447 or 6278 1660 www.catholiccaretas.org.au	
Australian Red Cross www.redcross.org.au For temporary visa holders	Rural Relief Fund www.ruralbusinessstasmania.org.au For farming families



MORNINGTON TYRE SERVICE
TYRES & AUTO REPAIR
OPEN MON-FRIDAY 8-5 PM & SAT 8-12 PM
131 Mornington Rd, Mornington TAS 7018
(03) 6244 1313

MARTIN WEDGE'S MORNINGTON TYRE SERVICE
6244 1313

DUNLOP SUPER DEALER

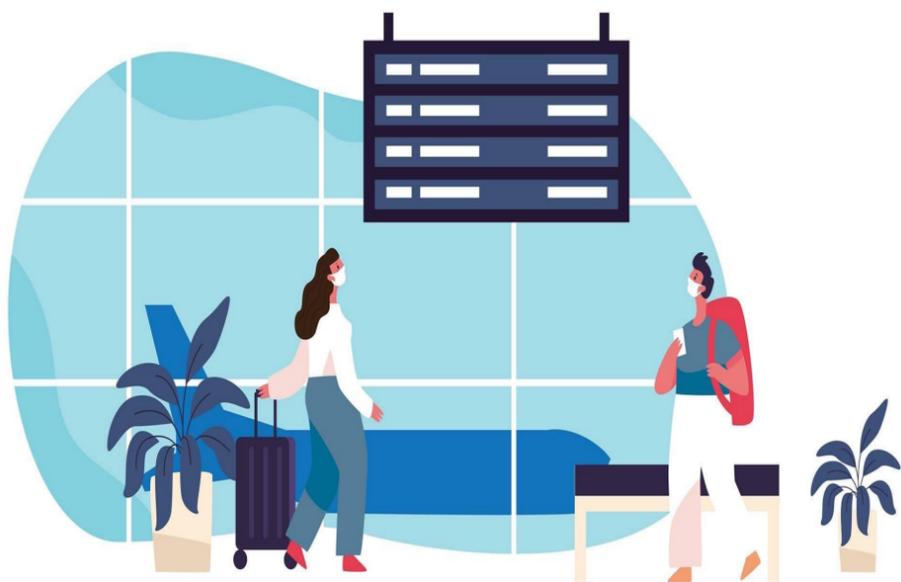
The views and opinions expressed in the articles are those of authors and do not necessarily reflect the official policy or position of "Diverse Tassie".

TAKE CARE BEFORE YOU TRAVEL

Travel only if it is necessary, as your risk of being exposed to the COVID-19 virus increases while travelling.

Do not travel if you have COVID-19 or have a contact with COVID-19 patient.

Do not travel if you show symptoms of COVID-19 (such as sore throat, fever, cough, difficulty in breathing).



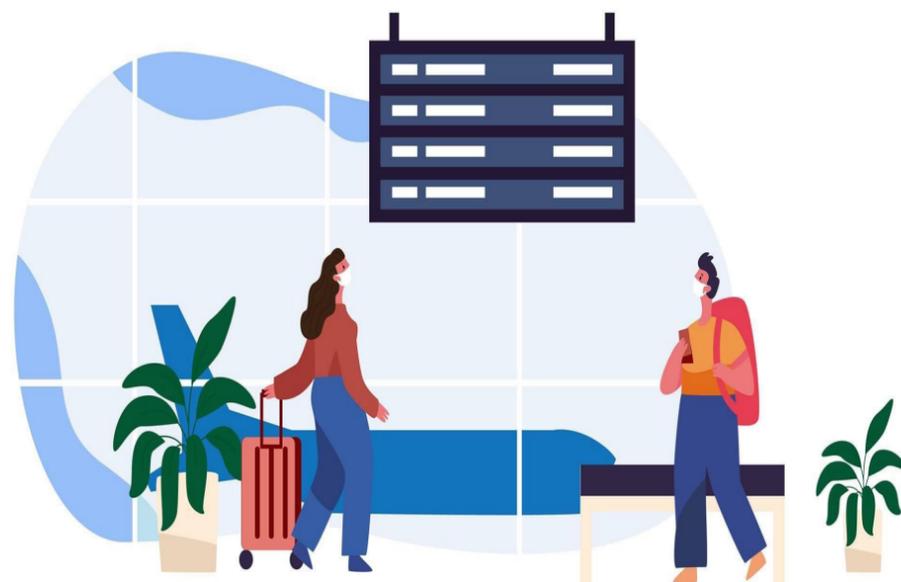
TAKE CARE BEFORE YOU TRAVEL

If you are at high risk of COVID-19 (over 60 years or with pre-existing illnesses), do not travel unless absolutely necessary.

Reduce physical contact as far as possible; consider online bookings, web check-ins and self-tagging of baggage.

Keep a physical distance of at least 1 metre during pre-boarding procedures.

Follow local guidelines at stations, ports and airports for COVID-19.



TAKE CARE DURING TRAVEL

If possible, try to keep a distance from others.

Avoid touching your eyes, nose or mouth.

As much as possible, avoid touching common area surfaces like door knobs, staircase railings.

If you feel unwell inform the crew. Seek medical assistance immediately on reaching your destination.

Do not touch, hug or shake hands with others.

Always wear a mask or face covering.

Clean hands with soap and water, or alcohol-based hand rub, frequently.

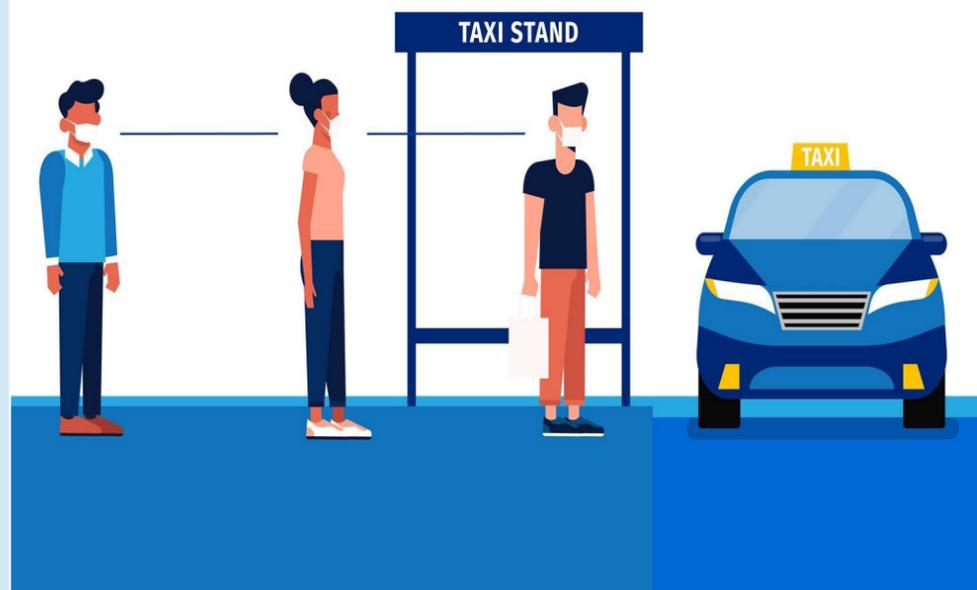


TAKE CARE ON REACHING YOUR DESTINATION

Keep physical distance of at least 1 metre while de-boarding, in queues and in conveyances.

Follow local authority regulations when you disembark at stations, ports & airports.

Report to medical authorities if you have any symptoms of COVID-19.



Hurricanes Champions League



MENTAL ILLNESS IS COMMON.

One in five (20%) Australians aged 16-85 experience a mental illness in any year.

If you're worried about your own or someone else's mental health, start the conversation and access support. Visit www.staychatty.com.au/get-help for a list of services. Source - The Black Dog Institute (1)

MULTICULTURAL SERVICE PROGRAMS



DIGITAL LITERACY WORKSHOPS

Are you from refugee or migrant background and want to learn more about digital technology?

Learn how to use computers, the internet, My Gov, email, mobile apps, online search engines and more in these 4 interactive workshops!

SESSION TOPIC	DATE
Computer Basics & Getting the most out of your device	Thursday 19 th November
The internet, search engines & Useful Websites	Thursday 26 th November
Email & Social Platforms	Thursday 3 rd December
MyGov, Online Payments & Internet Banking	Thursday 10 th December

Laptops will be provided for the sessions and if you have a smartphone and want to learn more about how to use it, please bring it with you.

Time: 3 – 4:30pm

**Location: CatholicCare Tasmania
35 Tower Road, New Town**

Registration is required - register for all 4 sessions or only the ones you want to attend

Interpreters can be booked upon request.

Please contact Kate for any further information on 62781660

For an interpreter call 131450



Facilitated by Settlement Engagement & Transition Support (SETS), CatholicCare Tasmania
Funded by the Department of Home Affairs



#STAYCHATTYCOACHKIT

**SPEAK UP! Stay ChatTY
SPORTS PROGRAM**

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Mosque Open Day

Hobart Mosque participated in the National Mosque Open Day program on Saturday 31st October 2020. This initiative is coordinated by the Lebanese Muslim Association, which is based in Lakemba, NSW.

The event was organised by the Tasmanian Muslim Association and was supported by a number of sponsors including the Multicultural Council of Tasmania (MCOT) who provided a grant to support the project.

The theme for the occasion was "Meeting the Muslim Community". The event commenced with an Opening Ceremony where invited special guests addressed the community.

The President of Tasmanian Muslim Association, Kazi Sabbir, welcomed the people who were attending. He stated that Open Days were normally a joyful occasion but that today the Muslim community was experiencing shock and sadness following the brutal killing of worshipers at the Nice Roman Catholic Cathedral. Kazi advised that one of the victims was the caretaker of the Cathedral and another was a 70-year-old woman. Kazi stated that

atrocities of this nature brought back distressing memories of the massacres at the Christchurch Mosques.

Official Guests in attendance were: The Deputy Lord Mayor, Councillor Helen Burnet, Senator Nick McKim, Cassey O'Connor MP, Ella Haddad MP, Inspector Marco Ghedini from the Department of Police, Fire and Emergency Management and Emergency Minister Gus Yearsley from the Tasmanian Council of Churches.

The guest speakers emphasised the success of Hobart, and Tasmania, as a successful multicultural society where all religious and ethnic groups were welcomed and were encouraged to contribute to the wider society.

Gus Yearsley gave a recent example of a volunteer contribution made by Hobart Muslims. He needed volunteers for re-opening of Hobart Airport to play the role of arriving passengers while Tasmania Police and Biosecurity Tasmania trial their new arrivals procedures in preparation for easing of border restrictions. He put out a request to the Hobart Mosque and within 15 minutes, he had enough volunteers.



At completion of the opening, participants were invited to take part in the Australian tradition of a BBQ. This was a free event. Hobart Mosque recognises, and respects, that people have differing religious and dietary requirements. Special food items available included vegetarian, vegan and gluten free food.

The setting of a BBQ made for a relaxed social atmosphere and assisted people to get to know each other at a personal level. This helps to break down social barriers and promotes social

inclusion.

Many Non-Muslims attended, and they frequently commented that they had never previously been to a Mosque.

The occasion was made more successful by the experience of excellent weather on a Summer day.

Many photos were taken of the occasion and they have been published on Hobart Mosque Facebook site.

Written by: Harun Abdullah. Harun is an Executive Member and Public Officer of Tasmanian Muslim Association.



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Find out about:
 - how government works in Australia
 - getting involved in politics

Come to a
FREE INFORMATION SESSION
ABOUT GOVERNMENT
 run by



Location	Day	Date	Session Time	Link to register	Venue
Launceston	Wednesday	18 Nov	5.30pm	Register for Launceston	MRC-North Community Hall, 21 Haig St, Mowbray
Kingston	Tuesday	24 Nov	10.30am	Register for Kingston	Middleton Room, Kingborough Community Hub, 7 Goshawk Way
Bridgewater	Friday	27 Nov	10.30am	Register for Bridgewater	Brighton Civic Centre, 25 Green Point Road
Hobart City	Thursday	3 Dec	10.30am	Register for Hobart City	Lord Mayor's Court Room, Town Hall, 50 Macquarie Street
Devonport	Sunday	6 Dec	2.00pm	Register for Devonport	Aberdeen Room, Paranaple Convention Centre, Market Square, 137 Rooke St
Moonah	Tuesday	8 Dec	6.30pm	Register for Moonah	The Multicultural Hub, 65 Hopkins St
Huon Valley	Thursday	17 Dec	5.30pm	Register for Huon Valley	Huon Valley Hub, 23 Main Street, Huonville

For more information, please go to mcot.org.au/government-roadshow or call 61709196

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**Diverse
Tassie**

community hotspot

Newspaper Rate Card

Diverse Tassie reaches more than 5000 homes across Tasmania in major communities such as Hobart, Glenorchy and Launceston.

Strengthen your ties in these communities, while supporting our free hyper-local newspaper, with your advertisements. Our paper is delivered to the community through local community outlets, such as cafes, libraries, council buildings and more.

Introductory advertisement deals include:

- Small (full colour) - \$32 for 1 placement on 2 editions*
- Square (full colour) - \$60 for 1 placement on 2 editions*
- Strip Banner (full colour) - \$84 for 1 placement on 2 editions*
- Quarter Page (full colour) - \$152 for 1 placement on 2 editions*
- Half Page (full colour) - \$266 for 1 placement on 2 editions*
- Full Page (full colour) - \$532 for 1 placement on 2 editions*

*All prices are full colour, inclusive of GST and are per placement. Other size options are available upon request at \$2 per column cm.

Please email your advertisement enquiries to
advertising@diversetassie.com.au



Tasmania will take the new ball on this year's Big Bash

5 November 2020

Peter Gutwein, Premier

Jane Howlett, Minister for Sport and Recreation

The Tasmanian Government is excited and extremely pleased to join Cricket Tasmania in announcing that Tasmania will be one of four states that will co-host the upcoming KFC BBL 10 competition.

In a massive coup for Tasmania and the local economy, the State will host the opening stretch of Big Bash matches, with the season opener between the Hobart Hurricanes and defending champions the Sydney Sixers to be played at Hobart's Blundstone Arena on December 10.

Cricket fans in Launceston won't be missing out on the action either, with matches also set to be played at Launceston's University of Tasmania Stadium.

Out of the 8 matches to be played in the state, 6 will be hosted at Blundstone Arena and 2 at UTAS Stadium. The Hurricanes will play 4 of those games - 3 at Blundstone Arena and 1 at UTAS Stadium. The other matches will be played by the other 5 teams travelling to Tasmania for the opening stretch of the competition - the Sydney Sixers, Melbourne Renegades, Perth Scorchers, Adelaide Strikers and Melbourne Stars.

Our Government, along with Cricket Tasmania, have been working hard to secure these matches and we are delighted that the spectacle of Big Bash cricket is returning to our cricket loving state.

All matches will be broadcast live on Foxtel and the Seven Network, meaning national and international exposure for Tasmania with the Big Bash League the most watched sporting league in the country on a per-match basis.

This is an amazing opportunity for all Tasmanians to experience some world-class matches boasting some of the world's best talent, competing on the national stage this summer.

The health, safety and wellbeing of Tasmanians as well as all members of the BBL teams, match officials, staff and spectators has been central to the planning for this year's fixture.

Importantly, Cricket Australia has advised that all events and operations with the BBL will be subject to Cricket Australia's BBL Biosecurity and Operations Plan and supporting COVID-Safe plans, including travel, accommodation, training and matches.

Additionally the BBL competition will be conducted in compliance with the Tasmanian Government's own COVID-Safe protocols, endorsed by Public Health and in line with our Event's Framework.

Information about ticket sales will be released by Cricket Australia in the coming weeks.

BBL | 10 TASMANIAN HUB FIXTURE

 v 	 v 	 v 	 v 
10 DECEMBER 7.15PM BLUNDSTONE ARENA	12 DECEMBER 7.15PM BLUNDSTONE ARENA	13 DECEMBER 2.15PM BLUNDSTONE ARENA	13 DECEMBER 7.15PM BLUNDSTONE ARENA
 v 	 v 	 v 	 v 
15 DECEMBER 7.15PM UNIVERSITY OF TASMANIA STADIUM	16 DECEMBER 7.15PM UNIVERSITY OF TASMANIA STADIUM	19 DECEMBER 11.10AM BLUNDSTONE ARENA	20 DECEMBER 11.10AM BLUNDSTONE ARENA

 **TASMANIAN HUB** 
10 - 20 DECEMBER 2020