



# Diverse Tassie

Bringing communities closer every day

Edition 22 July 2021

FREE

## Grace Williams - TMAG

What is so important to you and your community that you feel you need to keep them for the future? The Tasmania Museum and Art Gallery is supporting migrant communities to preserve their cultural heritage through free community workshops. Caring For Cultural Treasures workshops are a part of the Contemporary Migrant Experiences Project, a community engagement and collecting project undertaken to highlight, document and celebrate the lived experiences of migrant people and communities who have lived in Tasmania since 2000. This project is the latest and most sustained iteration of the Tasmanian Museum and Art Gallery's (TMAG) commitment to the state's cultural diversity. Staff in TMAG's Cultural Heritage team have long been conscious of their responsibility to ensure that the museum reflects and embraces the nuances and complexities of the state's diverse communities. The Contemporary Migrant Experiences project brings this institutional commitment to the forefront.



In 2018, TMAG was able to turn this aspiration of truly reflecting the states cultural diversity into a reality, with an anonymous bequest. After community

consultation and hearing directly from a community about their needs and aspirations, TMAG decided that the

best way to use the bequest was to fund a Project Officer, to support migrant communities to care for their cultural heritage. TMAG's recently appointed Project Officer Grace Williams, is committed to empowering communities with the practical skills and knowledge that will enable them to identify, manage and care for their cultural heritage themselves. During at her time at TMAG, Ms Williams will be liaising and building relationships with the broader migrant community and recording and documenting individual stories that reflect individual and collective experiences.

and hope to cultivate a strong sense of belonging in migrant communities by ensuring that they are included in TMAG's collections and reflected in the museum," Grace said.

Learn how to care for your community and family treasures from experts at the Tasmania Museum and Art Gallery by registering for workshops: <https://www.tmag.tas.gov.au/cme> follow the project on Instagram @tmagmigrantstories

Image details: Grace Williams in the collection storage area at TMAG's Rosny Collections and Research Facility.

Advertisement

# Andrew Wilkie



## YOUR INDEPENDENT IN CANBERRA

### Want to get in touch with Andrew?

- ✓ Drop into the office at 188 Collins Street Hobart or post a letter to GPO Box 32 Hobart 7001
- ✓ Phone 6234 5255 or 6234 5861
- ✓ Email [andrew.wilkie.mp@aph.gov.au](mailto:andrew.wilkie.mp@aph.gov.au)
- ✓ Ask for a meeting

Drop by Andrew's mobile office on the dates and locations below\*:

Thursday 1 July	11.30am-1.30pm	Chigwell shops
Thursday 8 July	11.30am-1.30pm	Moonah Main Road
Thursday 22 July	11.30am-1.30pm	Claremont Main Road near KFC
Thursday 29 July	11.30am-1.30pm	Goodwood shops

\*Weather permitting

[www.andrewwilkie.org](http://www.andrewwilkie.org)



Andrew Wilkie MP  
Independent Member for Clark

Authorised by Andrew Wilkie MP 188 Collins Street Hobart 7000

"I am committed to supporting inclusion

## We all need a mentally healthy and safe workplace

Head4Work is a proprietary product of Roar Educate and developed in consultation with Pracademia and in partnership with the Tasmanian Chamber of Commerce and Industry through their WHS Advisory Service funded by WorkCover Tasmania.

Creating a mentally healthy workplace is everyone's job. Head4Work is an online training tool that will help workers, supervisors and managers know how they can reduce workplace mental health risks and support themselves and their co-workers when concerns about mental health arise.

Now, more than ever, we need to be aware of our own mental health and to look out for signs of distress among those we work with. Head4Work is simple to use and requires no prior knowledge of workplace mental health. It will quickly identify the skills and knowledge you need and provide short videos and checklists to assist your learning. Head4Work can be done anytime and on any device including your mobile phone.

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The Safe Haven Hub is funded by the Department of Communities Tasmania | [safehavenhub.org.au](http://safehavenhub.org.au)



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# Along came the rooster – with a reminder to use our voice for good, be proud of who we are and appreciate that next tasty treat!

By Mike McGuire

*“A rooster will crow only when it sees the light. Put him in the dark and he will never crow. I have seen the light and I am crowing” – Muhammad Ali*

It was just another misty, chilly morning – nothing unusual these days – except for the **cock - a - doodle - doo** melodies which had drifted across our yard and seeped in through our cabin – one of the most recognizable sounds in the world.

The mighty rooster! The rooster’s famous alarm-like call to the world to wake up and welcome the day with vigor. We were alarmed that’s for sure and asked the world –

“Has one of our hens turned into a rooster overnight!?” Not possible right? I stumbled out of bed and peeked through the kitchen. Sure enough, - standing proud and confident – was a handsome rooster, pecking at our shrubs with no sign of shame!

It seemed like it had been dumped – which sadly happens a lot around our suburbs. The poor things aren’t that popular. Humans being humans – get a pet until it becomes a nuisance and chuck it out...Grrrrrr – such immaturity.

Luckily, a blessing in disguise - he has found himself a home in the land near our house, - officially belongs to nobody and has obviously evolved into a

“wild woodlands rooster”.

Over the past few days, we’ve spotted the majestic creature scratching away at the earth and have heard him greeting the world at dawn.

I love the many symbolisms of the rooster and my partner and I have been inspired by his visit, - reminding ourselves to use our voice for good. To be brave, confident and cultivate a sense of passion in our lives – which will look and feel different for all of us.

So often, it feels like people go through the motions of their weekly lives, eat...work...sleep and repeat. The rooster reminds us to be proud and grateful of being alive. To exercise our creative and resourceful sides – whilst remembering to find and share the witty aspects of our characters with the world around us.

Most of all, I feel the rooster reminds us to be awake to unexpected possibilities and opportunities that may come across our paths.

It could be as simple as really savoring that next cup of coffee or taking the time to curiously observe the next furry creature that visits your backyard – appreciating how hard they work at finding a tasty treat. It could be taking the time to find joy in how our taste buds play wonderful host to that next scrumptious delight.



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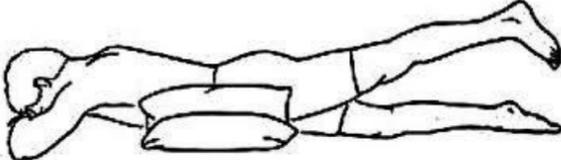
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*The views and opinions expressed in the articles are those of authors and do not necessarily reflect the official policy or position of “Diverse Tassie”.*

# EXERCISE PROGRAM FOR STRONGER & STABLE BACK:

WARM UP – BRISK WALKING FOR 15 MINUTES. START WITH BACK STRETCHES.

Exercises	Sets and Repetitions	Description	Pictures
Super man	Hold for 10 seconds/ 6 each side	Get down on the floor on your hands and knees, and raise alternate arm and leg till your shoulder level as shown in the figure and hold.	
Hip extension	Hold for 5 seconds/ 6 each side.	Lie on your stomach, tuck your belly button in, raise one leg up without lifting your pelvis off the floor and hold.	
Upper back extension	Hold for 5 seconds/ 6 reps	Lie on your stomach, tuck your belly button in, raise your upper body till you clear your chest of the ground and hold.	
Sit to Stand	3 Sets of 10 Repetitions	Stand next to a bench feet shoulder width apart, sit down slowly, then slowly stand up putting your weight through your heels and feet, not using any hands as assistance then repeat.	
SWISS BALL-Wall Squats	3 Sets of 10 Repetitions	Stand with your back against a wall move your feet in front of you about 3 feet and shoulder width apart, slowly lower yourself down the wall to around 90 degrees, then slowly move yourself up the wall again to the starting position and repeat.	
Step Ups	2 Sets of 30 Repetitions	Facing a step lift one leg up on to the step & then bring the other leg up also, with the first leg you used step it back down to the ground followed by the other leg. Repeat up & down with the left leg and repeat with the right leg also	
Plank	20 seconds to 1 minute repeat 3 times	Starting position: Lift your body of the ground on your elbows and toes. Contract your abdominals and relax your shoulders. Remember to breath. Relax your neck. Hold the position for around one minute, then relax down and repeat.	
Side Plank bent knees	15 seconds to 30 seconds repeat 3 times each side	Starting position: Lift your body of the ground and balance on one forearm and the side of your foot. Contract your abdominals and relax your shoulders. And breath. Hold the position for around one minute rest and repeat.	

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# Nature On Your Mental Well-Being

MD JUMAN HUSSAN

“Research shows spending about 15 to 20 minutes in green space or a park can actually significantly lower stress hormones.”

Nature helps in emotional regulation and improves memory functions. A study on the cognitive benefits of nature found that subjects who took a nature walk did better on a memory test than the subjects who walked down the urban streets (Berman, Jonides, Kaplan, 2008).

Nature walks benefit people suffering from depression (Shern et al., 2014). Studies had shown that people suffering from mild to major depressive disorders showed significant mood upliftments when exposed to nature. Not only that, but they also felt more motivated and energized to recover and get back to normalcy (Berman, Kross, Kaplan, 2012).

Nature can bring a lot of beauty into our lives. Nature has a way of affecting our moods and it can force us to change our plans. Nature is responsible for the sun, clouds, rain, and snow.

When it is sunny and bright outside, we feel cheerful inside. When it is cloudy and rainy, we often feel gloomy. When there is a beautiful and starry night, the moonlight makes us feel romantic. When we see the leaves budding on a tree or when a timid flower pushes through the frozen ground, or when we smell the freshness of spring, new hope will always come to us. Nature is truly an intrinsic part of our lives. When we wake and see a sunrise, when we walk and feel a breeze, when we gaze at the mountains and the splendor of the seas, when we see the earth renew its beauty at each season of the year, and when the stars shine at night, we should be so very thankful to the Lord for giving us all these wonderful and miraculous things.

Learning to become more aware of nature can truly have a good effect on our lives in the way we look at things and in the way we feel about ourselves. All around us, we see it every day, but hardly observe it. We hear it, but never listen to its sweet calls. We feel it everywhere, but how many times have we really experienced it? Ever since the dawn of

time, we were gifted with its presence. Sadly, we never understood its worth, till our very own actions started questioning its existence. What is it? Nature! The sunset and sunrise, the song of birds, their evening gatherings, the breeze that sways trees and the winds that blow your mind away...it's all nature and beauty divine. Nature is everywhere and not just in resorts, parks, forests and mountains. It's even in the cities. How many times a day do we come across places that have gardens, trees or even plants and how many times do we notice them and relish their serenity? Sometimes even our homes have gardens. In the midst of our busy, hectic, stressful lives, we fail to think about anything other than duties and few priorities.

We spend all our free time watching TV or playing on the internet. If we spent some of this time tending gardens or walking in the park, we'd find it way more relaxing, if not entertaining, than anything else. Nature is serene, beautiful, lovely, unique and a gift to every one of us. Experiencing it should be a part of our lives. The next time you

are bored or stressed, take a break and listen to the birds tweeting, the wind blowing, water lapping on the shore, the crickets cricketing all night long and the trees swaying.

See the breathtaking sunrise and sunset-how in minutes a blanket of darkness overcomes light and how the light wins over darkness. See the birds in tens, hundreds and thousands, flying away home, the clouds each of them, having their own story to tell, the plants growing greener by the day, the flowers smiling, the stars twinkling in complete darkness. Feel the waves of the sea, the shades of the trees and the lovely gentle breeze. Take a closer walk with nature.

Source: ABC Australia, positive psychology submission details. <https://www.facebook.com/USELECTGROUP/posts/1155005558260766>

Contact Uselect Group: [welovetohelp@uselectgroup.com](mailto:welovetohelp@uselectgroup.com)  
Level 1, 1A Victoria Street, Hobart TAS 7000

## Talk like an Aussie

by Rodney J Goddard

During international travels, I found some of my greatest frustrations were a result of a breakdown in communication. Both not being able to understand a language, and not being understood. No doubt this is a big problem for many new Australian migrants.

I sympathise, because if you don't have the benefit of family or friends, it must be a very lonely experience.

The Australian government pays for you to learn English, with lessons provided through TAFE. <https://www.tastafe.tas.edu.au/future/english-language-services/> Phone 1300655307

When you start to become more

proficient in English, and attempt to converse with the average Australian, you may find in some cases it's rather confusing, and somewhat disappointing that somehow your version of English seems to be lacking.

The reason for this is possibly threefold.

(1) Your pronunciation of words are not close enough. An example: Many Thai migrants have great difficulty with the letters R and L. When offering to reheat something in the microwave, a Thai might want to say, "Do you want I warm it?" What we hear is, "Do you want I vomit?" A result of sounding the R as an L. Needless to say, vomiting is something you just don't want to think

about prior to eating.

(2) The Australian accent. This is something you will have to tune your ear, as it will get much easier in time.

(3) Slang is something a little more fluid, that slowly changes over the years. Even native Australian's like myself, are learning new slang words, and noticing many that may have been in use sixty years ago, are rarely used these days. With some Australian's, I think they see it as a personal challenge to replace a word for almost anything, with a totally different made up word, or a shortened version of the word. It's not like one can get so tired from speaking correctly, but it seems the layback nature with some Australian's, who see the effort to make these changes as some unwritten law, dictated by our culture.

A language translator, or the one on your phone, won't understand Australian slang.

The list of common words and phrases in Australian slang would possibly be as long as your arm, and too many for this article. Therefore, I suggest you Google Australian slang, and watch several YouTube videos to further your education on the subject.

<https://nomadsworld.com/aussie-slang/>

Australian's also tend to use analogies. When you think you have mastered the accent, and the slang, you might care to research Australian analogies, which may give you a reason to smile, if not laugh.

<http://www.teoti.com/funny-stuff/16993-australian-analogies-and-idioms-and-simi.html>



# Elise Archer MP

Your Local Liberal Member for Clark

Here every day for you

Authorised by Elise Archer, 62 Main Road, Moonah, TAS 7009

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# Abu's diary

*Diary of a wild Maltese Shih tzu - Mountain dog trained, strong and free. Raised by a goofy long-legged couple who spend endless amounts of energy fighting against their garden enemy no 1 – the Mighty Possum Army*

## 21st diary entry:

Last entry – I had an almighty growling whine towards my most beloved parents for leaving me at home, whilst their went on a trip to a wooden cabin in the snow...Grrr – I would have loved to have got my fluffy snout all covered up in that lovely white ice - it makes me feel alive and fuels my desire to conquer the biggest beasts on this earth!

This entry? Well, what can I say – the word on the street is that the dog-haters on the Eastern shore want more excuses to **keep us on leashes!** Apparently, our species harm rare bird species and destroys other native animals and precious habitats!

Seriously...can you smell that?? Can you? It stinks ...not the scrumptious, lovely stank that flows from my parents socks or oozes from the warm Wallaby poos in the woodlands.

The HYPOCRITICAL, IRONIC STINK of the human rule-makers – the ones who are oblivious to the destructive ways of mankind.

Okay, Todd – the lazy, useless cat from next door – who allows his owners to smother him with “Vanilla scented shampoo” reckons I am over-reacting. That humans are mostly lovely, caring creatures. Mmm, Todd, yes – well, especially my most gorgeous, deliciously smelling folks.

But seriously Todd – your ignorance gets my goat! Do you realize how the humans want to rip our ancient forests all around the world, just for a few dirty bucks. In the process, murdering millions of native species and eradicating their precious homes.

Mmm, sorry – but my vote for the Clarence City Council’s “Dog policy” is a resounding, howling – Noooo. In fact – I will volunteer my time – to assist your council to draw up placards reading – “**No Humans allowed**” or perhaps -

**“Warning – Clarence dog policy worker on site – prone to a new virus which causes total disillusionment of own species danger” .....or: -**

**“Keep the manicured, well-spoken humans under effective control”.**

Seriously, these policy makers and their hypocrisy disgust me, so much that – I’ve lost my appetite and caused my folks to freak out because it’s taken me two days instead of three to chew away at my favorite bone!

My quote for the week? Straight at you - Policy makers and p.s – I ordered you all a bunch of leashes for yourselves!

**“Practice what you preach” – proverb**



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# CULTURAL VISION - A New Media

Cultural Vision is a new media organisation of independent filmmakers that share stories of Tasmanians from a culturally diverse background and newly arrived migrants.

Currently, we are focused on 3 video projects:

- 2 documentary projects (1) Theatre <ART-> documentary (2) Domestic Violence documentary
- 1 video channel: Public Service Activity Video Channel – Talk From Heart.

This project focus on sharing the information of public service activity, building up a bridge between Australia NPO/NGO and the diversity community.

## MAIN MEMBERS:

*Director:* Tianyuan QU (Tony)

- More than 8 years experiences in first-line television station filming, editing, and directing - Director of a 45-minute documentary independently - Never Too Old
- The Young Journalist of the Year 2018 at the New South Wales Multicultural Media Awards
- Clients include Australia Government, SBS, NBA, FIFA,

Huawei, CCTV (China Central TV Station) and ICBC

*Assistant Director:* Jieying LI (Sinya)

- More than 6 years experiences in management and function industry - 4 years experienced of photography and social media running
- Media planning, video and photo shooting, and post production skills
- Running video channel from 2020, video contents include life story Vlog and Talk Show

## WHAT WE ARE LOOKING FOR

Cultural Vision is new in the industry and the community, for this reason, we are looking for any cooperation opportunities and support.

## VIDEO PROJECT 1: DOMESTIC VIOLENCE DOCUMENTARY

### ABOUT THE DOCUMENTARY

A Chinese lady Miss A who encountered domestic violence in Hobart since 2019 then finally stand out to fight with it in the early of 2021. This documentary start recording this story from March 2021, after Miss A reported the violence to the police station.

We plan to spend 7 months to 1-year tracking and filming this real story,

presenting the whole processes of “after the domestic violence”, which may include:

- How does her mind’s changing? from “keep silence – say NO”
- How does she deal with depression and anxiety caused by domestic violence - What supports she got from different organisations, like women shelter, Red Cross, women legal service, and CatholicCare
- Cultural clash: Asian vs Western
- How’s her life change after leaving the violence
- How’s the divorce proceedings and the criminal suit going?
- How’s her ex-partner’s dealing with the suits
- What did she learn from this journey?
- She’s A victim? or a survivor?

We will use 2- 3 months to do the post-production after completing the filming, and plan to join the movie festival in 2022.

Additionally, this documentary will post on below social media platforms:

*International platform:* YouTube, Facebook, Instagram, TikTok  
*Chinese platform:* WeChat, Sina, TouTiao, Bilibili, TikTok(Chinese version), RED, Meipai, Wesee, Kuaishou  
*Corporate platform:* Diverse Tassie website, WeChat Groups, AoZhouTongCheng APP,

## VIDEO PROJECT 2: PUBLIC SERVICE ACTIVITY VIDEO CHANNEL – TALK FROM HEART

### REASON FOR BUILDING UP THIS VIDEO CHANNEL

In the early of this year, a good friend of ours encountered domestic violence. Our team came into contact with many NPOs, NGOs and organizations that provide public services while accompanying her to fight domestic violence.

During this period, our team found out there are many organisations providing a lot of free service for the community but less people knew, especially the diversity

community. Many organisations also told us it’s difficult for them to promote their service and information to the diversity community.

We can see the gap between the organisations and the community, as video creators, we questioning to our self:

- What can we do?
- Can we do something to help people easier to receive useful information?
- Can we use video to build up a bridge between Australia NPO/NGO and the diversity community?

The answer is YES, for this reason, our team is planning to set up a new video project in our channel - Public Service Activity Video Channel.

After having this idea, our team shot the first public activity video for a test last month (June, 2021), which is corporate with Chinese Cultural Society of Tasmania. The good news was this video has been viewed more than 15,000 in one social media platform, and more than 30,000 viewed through all video platforms. Additionally, the Chinese Cultural Society of Tasmania got more than 150 new members after posting this video.

This news encourages us to work on this public service video channel as a long-term project.

## SOCIAL MEDIA PLATFORM:

All videos will post on below social media platforms:

- *International platform:* YouTube, Facebook, Instagram, TikTok
- *Chinese platform:* WeChat, Sina, TouTiao, Bilibili, TikTok (Chinese version), RED, Meipai, Wesee, Kuaishou
- *Corporate platform:* Diverse Tassie website, WeChat Groups, AoZhouTongCheng APP



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## Improving the Playing Field Grants Program 2021-22

Status: OPEN

Applications for small grants stream open on Wednesday, 14 July 2021, and will close at 5:00 pm on Monday, 6 September 2021.

Applications for large grants stream open on Wednesday, 14 July 2021 and will close at 5:00 pm on Monday, 25 October 2021.

**Overview:** The Tasmanian Government recognises the importance of sport and recreation and is committed to assisting the sector to recover from the COVID-19 pandemic. This program will also assist in supporting the building and construction industry and local jobs.

Improving the Playing Field offers financial assistance to upgrade amenities at sporting facilities around Tasmania, allowing them to cater for all participants. In 2020-21, \$5 million was available through the program. In 2021-22 the funding pool has been increased to \$10 million.

**Funding available:** There is \$10 million in funding available under this program in 2021-22. Applicants can apply for funding of between \$25 000 and \$500 000 per project.

The Grants Program will provide

funding through two streams, small and large grants.

Grants of \$25 000 up to \$50 000 will be provided through the small grants stream.

Grants of \$50 001 up to \$500 000 will be provided through the large grants stream.

Applicants should contribute at least 15 per cent of the total project cost and higher priority may be given to projects demonstrating higher levels of support.

Applicants can submit applications for as many projects as they wish. If an organisation submits multiple applications, the applicant must rank them in order of priority.

Note, stages of the same project will be considered as one project and each project is eligible for only one grant.

**Eligible Projects:** Projects must develop or improve functional and inclusive amenities and could include (but are not limited to) change rooms, toilets and shower facilities, accessibility, lighting, security, fencing, scoreboards, drainage and other civil construction works.

Projects must demonstrate support from the relevant facility owner and/or State sporting organisation.

## Supporting Women to Succeed Grants Program 2021

Status: OPEN

Applications open on Thursday 17 June 2021, and will close at 5:00 pm on Sunday 25 July 2021. Late applications will not be accepted.

The details of the successful applicants will be made publicly available at [www.communities.tas.gov.au](http://www.communities.tas.gov.au). Unsuccessful applicants will receive a letter advising they have been unsuccessful, with details of how to request feedback on their application.

**Overview:** The Tasmanian Government is committed to creating a more inclusive Tasmania that empowers and enables women and girls to fully participate in Tasmania's economic, social, political and community life.

The state-wide Supporting Women to Succeed Grants Program aims to support the advancement of women across all areas of our economy, by funding initiatives that support women's employment throughout Tasmania.

Grants of between \$10 000 and \$200 000 are available for organisations to support cultural change and improve outcomes for women in industry. This can be through existing projects, or to develop and deliver new projects.

**Applications are sought for projects that:**

- Improve the attraction of women to non-traditional fields of employment.
- Increase the recruitment of women into non-traditional fields of employment.
- Support the retention of women in non-traditional fields of employment.
- Promote leadership pathways for women in their chosen fields of employment.
- Communities, Sport and Recreation (CSR) in the Department of Communities Tasmania will administer this program.

**Eligible Organisations:** Applicants and any partner organisations must be recognised legal entities in Australia. This includes the following organisations:

- Incorporated, not-for-profit organisations;
- Local Government Authorities (councils);
- Not-for-profit companies registered under company law;
- Educational institutions; and
- Private or commercial enterprises registered under company law;

The project must be completed and the grant money expended within two years, commencing 2021.

**Guidelines and Application:** To be considered for this program, applicants must address one or more of the Outcome Areas, address all the Assessment Criteria, and meet minimum funding requirements and conditions. Applicants should read and understand the program Guidelines prior to submitting an application.

Guidelines (PDF, 595 KB)

Application Form (Word, 416 KB)

Application Form (PDF, 469 KB)

Important: Please be advised that the Guidelines have been updated and published at 12:00 PM on 2 July 2021 regarding ineligible funding and the payment of wages and salaries.

**How to apply:** Details on how to submit an application are included in the program Guidelines and Application Form.

**Contact:** Applicants are strongly encouraged to contact the Contact Officer before preparing their application to ensure they understand the Program's requirements and can present their best case for funding.

**Contact Officer:** Rani Cavarretta, (03) 6165 7737 or [rani.cavarretta@communities.tas.gov.au](mailto:rani.cavarretta@communities.tas.gov.au).

## New requirements for people currently in Tasmania who have spent time in Victoria

Published 16 July 2021

Tasmanian Public Health authorities have advised of increased measures being implemented for any person currently in Tasmania who has been in Victoria on or since July 8 and is not subject to a current quarantine requirement.

The increased measures have been implemented due to quickly increasing high-risk premises being identified in Victoria and the increased risk of transmission of COVID-19 in a number of settings.

Based on current risk assessment, from 12:01am Saturday 17 July any person currently in Tasmania who has been in Victoria on or since July 8, and not currently subject to a quarantine requirement, should limit their movement in the community and avoid attendance at any type of gathering.

Additionally, while in public a face mask must be worn by any person 12 years and older who has been in Victoria on or since July 8.

Limiting movement means that people should try to reduce interaction with other people in the community as much as possible and leave their premises as little as possible. Visitors to premises where people have been in Victoria since July 8 should also be avoided.

If leaving the premises people are

required to: wear a face mask at all times while in public

and are advised to: maintain physical distancing as much as possible, wash and sanitise hands and follow other COVID-safe behaviours at all times. Use Check in TAS at all relevant locations. People should monitor the high-risk premises list.

Anyone who has spent time at any of the high-risk premises at the specified dates and times must self-isolate immediately and call the Public Health Hotline on 1800 671 738 for further advice.

Any person affected by the requirement should also monitor themselves for any cold or flu symptoms and arrange a COVID-19 test if they develop any symptoms – even mild.

Testing is not required at this time unless symptoms develop or further advice is provided by Public Health Authorities.

This measure will remain in place until midnight Tuesday July 20.

If experiencing any symptoms, even mild, arrange a COVID-19 test by contacting the Public Health Hotline on 1800 671 738.

## 'Anything Can Happen' if you attend school regularly

15 July 2021

*Sarah Courtney, Minister for Education*

Senior school retention rates have improved significantly under the Tasmanian Liberal Government but we know more can be done to keep students fully engaged for longer.

A new TV advertising campaign called 'Anything Can Happen' is designed to show young Tasmanians that finishing years 11 and 12 opens up a world of possibilities for students, including access to jobs, training and further education.

Airing from 17 July, the ad sends a clear and important message to Tasmanian students, their parents and carers that school doesn't finish in Year 10.

The broader campaign has been running over three years with this next phase focusing on regular attendance at school.

Set to also run across social media channels, the new TV advertisement acknowledges that while going to school isn't always easy, when you do attend your opportunities and options in life are hugely increased.

The campaign also includes a dedicated website that provides Tasmanian students and their families with a resource outlining all of the options available after Year 10, support that is available and where they can find more information if needed.

Education is the single most powerful driver for improving economic and social incomes, which is why we will continue to keep focusing on improving the transition of students from Year 10 into Years 11 and 12.

Retention of student from Year 10 to Year 12 has increased five percentage points since 2019, to 76.1 percent, the highest on record.

For more information and support, visit [www.anything.tas.gov.au](http://www.anything.tas.gov.au)

*The views and opinions expressed in the articles are those of authors and do not necessarily reflect the official policy or position of "Diverse Tassie".*

# The Australian Bureau of Statistics is hiring Field Officers across Australia for the 2021 Census.

This is a temporary, short-term position with variable working hours.

No experience needed. No resume needed.

Earn extra income while helping your community.

Join the 2021 Census team

A great opportunity to earn extra income while helping your community.

38,000 short-term roles have been created to help deliver the 2021 Census. The roles are short-term and available in cities, towns and regional areas nationwide. The flexible working hours are variable and include weekdays, weekends and evenings.

Field Officers – 20,000 jobs available across Australia

Field Officers are a crucial workforce that will help people participate in the Census. This includes:

delivering Census instructions and forms and visiting households that have not yet responded

promoting Census participation and answering peoples' questions

helping members of the public who need special support to complete the Census.

To apply, visit [Census Jobs Adecco](#). Other Census roles

We are looking to fill a range of roles for the 2021 Census. You can find vacancies on the [Census Jobs Dashboard](#).

Census field jobs entail working with the community to help people to complete their Census. Field roles include:

- Field Officer
- Field Manager
- Community Field Officer
- Local Engagement Officer
- Census Engagement Manager
- Remote Area Management Team Leader
- Remote Area Management Team Member.

There are also a number of office-based roles, including:

- Field support centre
  - Census Escalations Team
  - Census Operations Manager
  - Warehouse, scanning and data verification
  - Data entry and coding.
  - Application process
- You can find vacancies on the [Census Jobs Dashboard](#).

You will need to complete an online application form.

A selection process will be conducted, which may require job applicants to complete phone interviews and video interviews, depending on the role applied for.

Job applicants being considered for employment will need to complete a

national police check and citizenship check.

## What we are looking for:

We need a range of people with different experience, such as experience supervising small teams for our Field Manager roles, and customer service experience for our field support roles.

We're also looking for people who can speak a language other than English, as well as people with experience working with diverse population groups including: Aboriginal and Torres Strait Islander people  
people from culturally and linguistically diverse backgrounds  
people with disability  
people experiencing homelessness  
older Australians  
youth.

## Being motivated is more important than being experienced

For many of our roles, previous experience isn't needed. We're looking for motivated people who can work variable hours including weekdays, weekends and evenings, and want to earn extra income in a short-term role while helping to tell their community's story.

## What is the Census?

Every five years, the Australian Bureau of Statistics counts every person and

decisions about transport, schools, health care, roads and buildings

help plan local services for individuals, families and communities.

Some examples:

knowing the number of people living in regional and remote areas shows where doctors are needed

understanding how many babies are born in a local community and the languages

spoken in people's homes links Australians to the community services they need.

## When you will receive your instructions

In early August 2021 households will receive instructions on how to complete the Census.

Most households will get instructions to complete online. This will include your Census number and temporary password. Some households will receive a paper form. Once completed, return to us using the reply-paid envelope provided. There are instructions on the form if you prefer to complete online

## Help in your language

You can get information about the Census in different languages.

One-on-one help will be available at many locations across Australia where you can get assistance in your language. See [Find us](#) to find a help location near you.

To speak with someone in your language please call 131 450 to access the Translating and Interpreting Service (TIS National).

## Complete the form at your own pace

You don't have to complete the Census form all at once. You can save and return to the Census form at a more convenient time after you have created a password. Use the 16-digit Census number and the password you created to return to the last saved section of your form. Remember to set a password recovery option in case you forget your password.

## No internet connection

If you would like to complete the Census online and you don't have an internet connection, there are a number of places where you can access a free connection such as:

- public libraries
- shopping centres
- city centres.

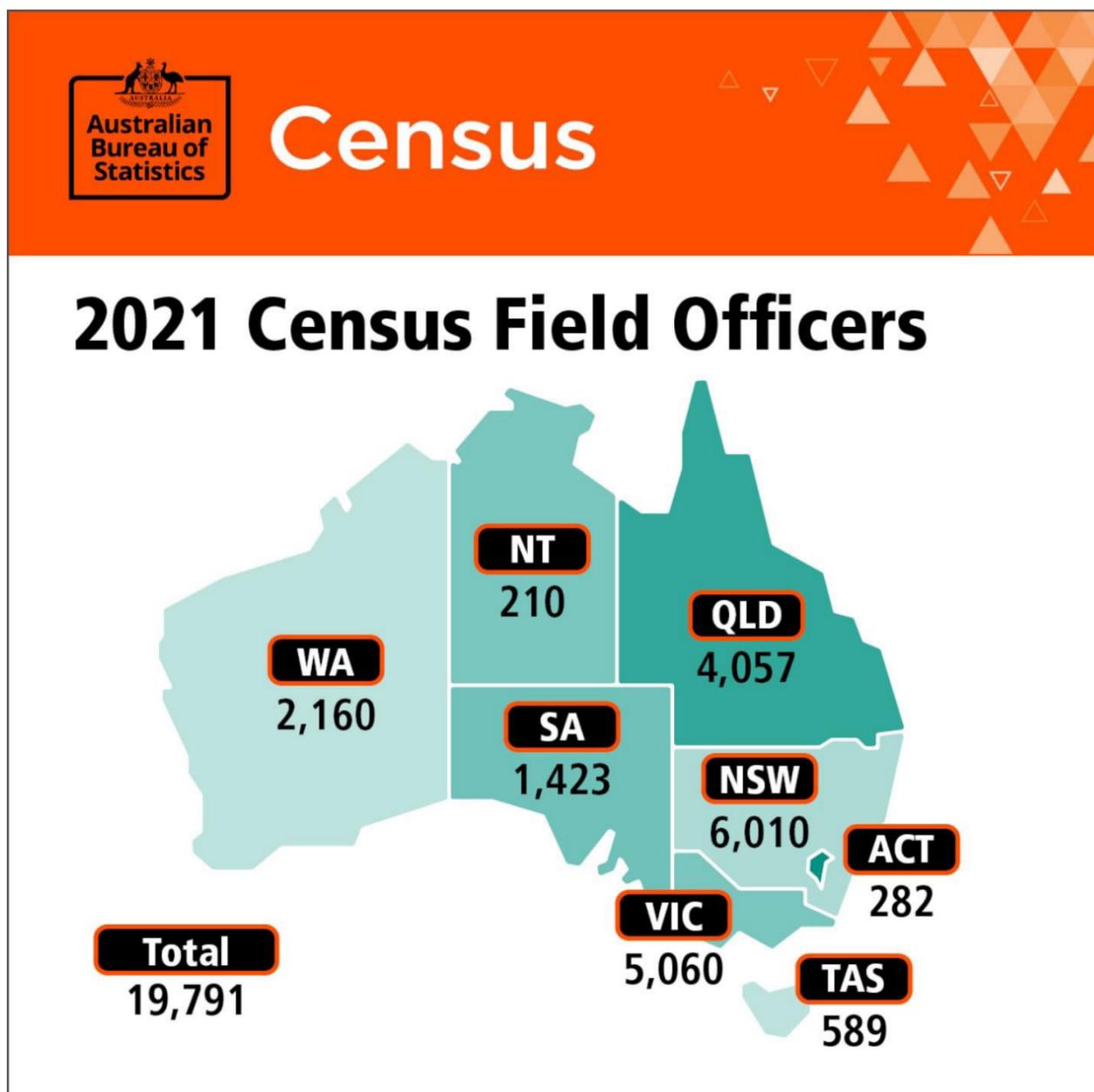
There may also be a local Census hub near you where you're able to get access to the internet and help to do your Census.

household in Australia. We call this the Census of Population and Housing.

The Census is the most comprehensive snapshot of the country and tells the story of how we are changing. It includes around 10 million households and over 25 million people. Census data tells us about the economic, social and cultural make-up of the country.

Governments and businesses use the information you give us to:

make important



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# CULTIVATE. Monthly exhibitions @LongHouse.

## WHAT

- Participate in 1 of our monthly art exhibitions @LongHouse
- Gallery. Each month two artists (1 Aboriginal & 1 broader community member) will be selected to exhibit their work.
- Invitation for artists to co-create at least one piece of work together.
- Come to 3 workshops with Nayri Niara to connect to artists and share knowledge/skills.

The purpose: connection building between individuals and communities - and particularly, strengthening sharing of stories and connections between the Tasmanian Aboriginal community and the broader lutruwita/Tasmania community.

We accept artists working in any art form – visual arts, performing arts, literature, sound, music, design or any other art form. We also accept artists of any experience level - emerging, mid-career, or established.

## WHY

lutruwita/Tasmania is shaped by a rich diversity of cultures and stories. Art is a central part of every culture. Aboriginal culture is the oldest continuing living culture in the world. We have a great opportunity for the unique identities that make up our society to contribute to the building of today's cultural identity.

This program responds to a gap in relationships and knowledge between communities in lutruwita/Tasmania. Communities that celebrate diversity, creative and cultural expressions, and connect to the stories of their homelands, heritages, and current land are richer, stronger and more equipped to tackle social challenges.

This program aims to be inclusive of all abilities and experience

levels.

## About NAYRI NIARA

Nayri Niara is an Aboriginal owned and operated Social Enterprise creating amazing life changing experiences.

Connection to Country, Culture and to the Sacred, are guiding principles of Nayri Niara. We provide a range of healing experiences that support people to address destructive forces, heal past wounds and to open to our full potential.

Nayri Niara primarily provides opportunities for people to realign themselves with.

## WHEN

We invite all interested artists to come to an information session at Nayri Niara @LongHouse Thursday 22nd of July to hear more about the project and to meet other potential artists.

EOI form is due on 15th August.

Artists will work on their exhibition through September and exhibit during October.

The next group of artists after them, work on their exhibition through October (for exhibition in November).

Each exhibition is installed/uninstalled prior to the Home HEARTH Market (2nd Sunday of each month).

The process continues like this until March 2022, which will be the month the last CULTIVATE exhibition is installed.

## WHERE

The LongHouse - 6 Evans Street, Macquarie Point, Nipaluna / Hobart.

## WHO CAN APPLY?

Aboriginal and non-Aboriginal artists in lutruwita Tasmania. One artist from each exhibition will be Aboriginal.

Exemption on selection provided

**CREATIVE  
HOBART**

AN PARTNER OF  
**City of HOBART**

**NAYRI NIARA**  
CREATING GOOD SPIRIT



by Equal Opportunity Tasmania.

Traditions and cultural practices which emphasise the importance of hearing the voices of our Elders, reclaiming our traditional values of honour, respect and equality and listening to the voice of our Inner Healer /Sprit in order to promote healthier communities for the future.

We are dedicated to providing opportunities that not only fulfil our cultural obligations of caring for kin and Country but also to create social, environmental and economic change so that ALL BEINGS can thrive together

## BUDGET

The budget for each artist is \$300 which may cover artist materials or any other

need. We also invite artists to value and sell their artworks.

## SUPPORT

Nayri Niara will assist artists of the program.

We'll also equip artists with an artist handbook and other resources.

## WHAT TO SUBMIT

- Artist EOI form,
- CV and/or examples of work
- Known unavailabilities/preference of month.

## CONTACT

If you have any questions, please email: Madeleine Rojahn: madeleine.rojahn@gmail.com OR contact@nayriniaragoodspirit.com

## SUBMISSION DATE

Submissions to madeleine.rojahn@gmail.com by 15 August, 2021.

## CONSIDERATIONS

We may have curatorial advice for exhibitions. Nayri Niara receives a commission of 15% of artwork sales.

We thank Creative Hobart of Hobart City Council for funding this project.

# Josh Willie MLC

## Labor Member for Elwick



"Proudly supporting Tasmania's multicultural communities."

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# NEST AGM

Nepali Society of Tasmania has successfully conducted its General Assembly in Hobart, Tasmania on Saturday. The General Assembly was organised under the leadership of Abhinab Acharya, current president of Nepali Society of Tasmania.

The General Assembly also ensured voting for the next working committee – from two contenders for the presidency, Khagendra Satyal and Aruna Poudel, Satyal received a majority and will serve as President of Nepali Society of Tasmania for a year.

The general assembly arrived upon the following key position holders: President: Khagendra Satyal

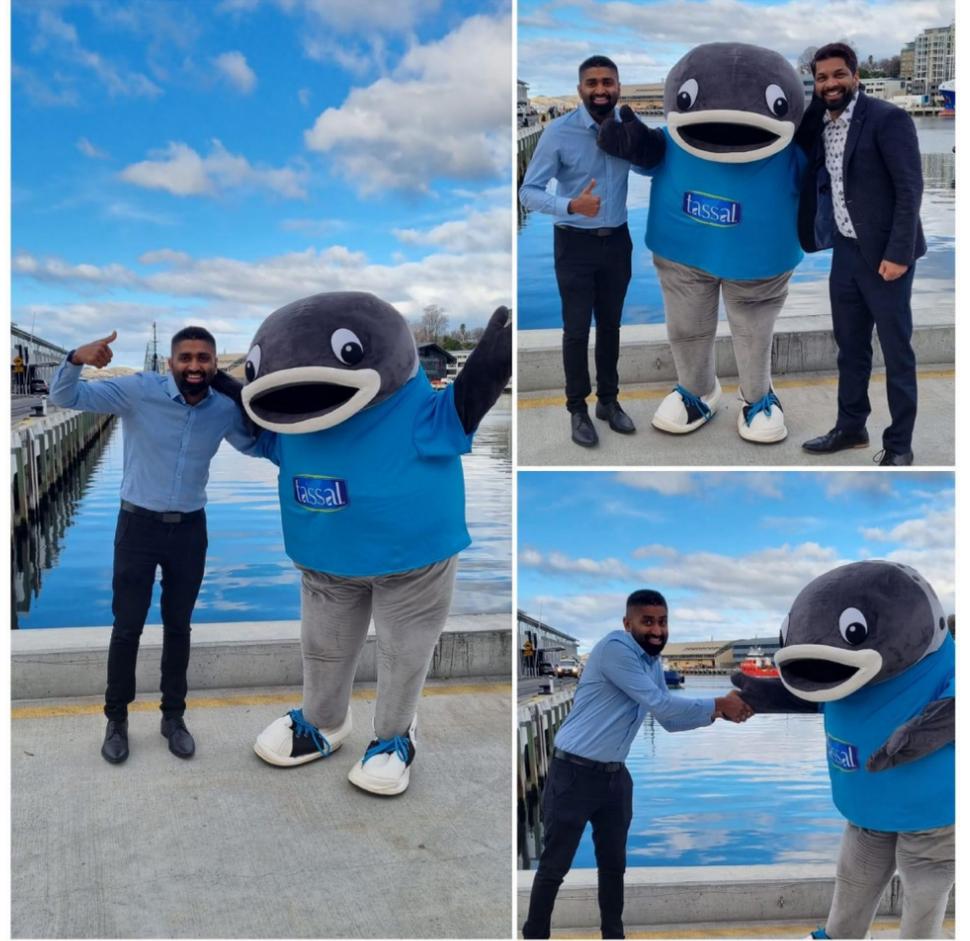
Vice-President: Meghna Raut  
Secretary: Basanta Ghimire  
Treasurer: Dolma Sherpa

Members: Gayatri Pande, Anil Dangal, Anuj Adhikari, Bishnu Sapkota, Purnima Shrestha.

Newly elected Satyal has also shared his respect for the founding members and the previous working committees, and has said he will aim to lead the society towards achieving its objectives. Satyal will be requesting the local government for funds towards preservation and promotion of Nepali culture in Tasmania, and will aim to develop a curriculum for the operational Nepali language school.

# ICSL (Intercultural Sports League) - Tassal

ICSL President Johnpaul & Operations Director Rajat Chopra met with the amazing SALMO - Tassal - Our Community mascot to announce their partnership for the upcoming season. They said ICSL is looking forward to working with TASSAL. Support Local and Buy Tassal Salmon !!



**Nepali Society of Tasmania (NEST)**

Estd: 2012    Regd: IA11223    ABN: 20 864 467 889

Email: [nepstasi@gmail.com](mailto:nepstasi@gmail.com)    Website: [www.nepali-tas.org.au](http://www.nepali-tas.org.au)

New Executive Committee members of Nepali Society of Tasmania (NEST) for 2021-2022.

President Khagendra Satyal				
Treasurer Dolma Sherpa	Vice President Meghna Raut	General Secretary Basanta Ghimire		
Executive Member Gayatri Pande	Executive Member Anil Dangal	Executive Member Anuj Adhikari	Executive Member Bishnu Sapkota	Executive Member Purnima Shrestha

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DIVERSE TASSIE - the newspaper for everybody

P11



**Diverse  
Tassie**

community hotspot

## Newspaper Rate Card

Diverse Tassie reaches more than 5000 homes across Tasmania in major communities such as Hobart, Glenorchy and Launceston.

Strengthen your ties in these communities, while supporting our free hyper-local newspaper, with your advertisements. Our paper is delivered to the community through local community outlets, such as cafes, libraries, council buildings and more.

### Introductory advertisement deals include:

- Small (full colour) - \$32 for 1 placement on 2 editions\*
- Square (full colour) - \$60 for 1 placement on 2 editions\*
- Strip Banner (full colour) - \$84 for 1 placement on 2 editions\*
- Quarter Page (full colour) - \$152 for 1 placement on 2 editions\*
- Half Page (full colour) - \$266 for 1 placement on 2 editions\*
- Full Page (full colour) - \$532 for 1 placement on 2 editions\*

\*All prices are full colour, inclusive of GST and are per placement. Other size options are available upon request at \$2 per column cm.

Please email your advertisement enquiries to  
[advertising@diversetassie.com.au](mailto:advertising@diversetassie.com.au)

