

Diverse l'assie

Bringing communities closer every day

Edition 19 April 2021

FREE

People's Agenda

views/agenda, Political Party's views/ what the party want. agenda...but let's try to listen to Common Man's Views/agenda...on how they want elected by the people of their electorate to see their very own Tasmania to be to represent that area not all of Australia/ developed moving forward.

Diverse Tassie spoke to people who didn't support any particular party local meetings to receive feedback/ but had definite views on how and what information from the people in the can be done for a better living of every electorate. Tasmanian.

by people on what they would like to electorate is well funded, as well as all see happening in Tasmania. Because of essential frontline services and schools the page limit we couldn't print all the are funded appropriately. responses, but we will be posting all the responses on our social media page.

#1: People's Agenda.

is a great problem in Hobart. I belong to stations) are required ensure that the a voluntary group called Hobart Hamlet workers at the ground level are involved housing which is seeking funding for a at least in the preliminary discussions. project on housing for those with mental illness.

Many thanks, Sujatha.

#2 People's Agenda:

Glenn & Barbara Jackson, Franklin:

You might have listened to Politicians what they need which may not be not

Please remember that they are Tasmania.

Please organise / advertise more

A series of comments made ensuring healthy wellbeing of the

Please Ensure roads and highways are maintained correctly to ensure safety of all users.

If new infrastructure (Hospitals, Hi, housing for those with mental illness Prisons, schools, ambulances or fire

3 People's Agenda:

I've been thinking about politics in general. It's on the nose and the talent pool is very low on both sides. All we can hope for over the coming years is a concerted effort with low cost housing #4 People's Agenda: Please listen to the people who elected and make sure we are able to create Life in Tasmania is bit crazy, Petrol prices EMOTIONS:



and construction industries.

say 1 hour is being employed. Hence increased for patients. 5.5 percent unemployment! It's really for all politicians mostly who are either Pokies agenda is pushed back. lawyers or teachers. We need thousands of qualified tradesmen in all fields.

— Gav White.

them and bring forward in parliament thousands of full time jobs in the building are rising, Rentals are scary, Tourism is

down, Hospitality industry is shaky, Taste In another life full time was cancelled, Falls was canned, Dark employment meant a minimum of 25 Mofo took a negative stand, Hospitals Please be constructive in hours per week and now the experts are struggling, Hospital waiting times

> closer to 10 or 12 for the underemployed. THIS IS TIME FOR NEW AWAKENING Tasmania has a great opportunity to : Construction is booming, New Ferries provide plenty of work on local projects. are looming, Vaccine roll out needs It should've the exception rather than grooming, Tasmanian stranded overseas the rule to go off-shore for anything. Ie are shown no respite but flights to ferries, shipbuilding etc. when the pollies New Zealand are given green signal, say they are going to be transparent, Domestic flights are still tricky as one believe me that means they are certainly COVID case can lock down the whole not going to be transparent. TAFE city, Online shopping is eating into local training should be a massive priority businesses, Mental health is on decline,

> > COME ON TASSIE VOTE WITH **AUTHORITY CHOOSE** GOVERNMENT OF MAJORITY,

> > VOTE WITH DIRECTIONS NOT

already registered.

The launch of CDAT was held at feeling to all participants. In the Hanging Garden on Sunday, 21th milestone, and a memorable night. The

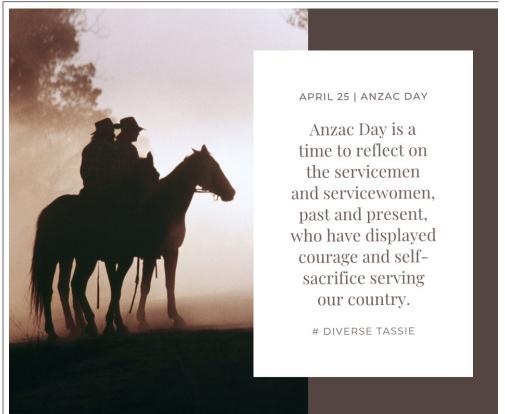
CDAT, or the Culturally Diverse Alliance Smoke ceremony was carried out by one of Tasmania Inc. was made public as the of the patrons Craig Everest, a member of mentorship, education, and advocacy State's newest multicultural, not-for- our Aboriginal communities. The spread profit organisation with more than 120 of the smoke across the ceremonial members including 20 organisations setting was mind-blowing including the cultural dance that left an unforgettable

CDAT Vision is to endeavour to of March 2021. It was brilliantly featured connect all Tasmanians with the diverse by the attendance of His Excellence cultural groups, who now call Tasmania Governor Professor Kate Warner, our home. To empower migrant and refugee three Patrons namely Leigh Carmichael, communities through mentoring and Craig Everest, Grace Williams, and sharing of knowledge. To advocate, by a significant number of community being productive and instrumental in members. It was a historic event, a bringing about change for our culturally diverse vulnerable communities

The pillars of CDAT are with the aim to bridge the gap between the Aboriginal community and the new migrants. CDAT supports the view that we must develop, cultivate, and work with our Tasmanian Aboriginal

communities and offer our support to their struggles and their rightful place in the nation.

CDAT Team look forward to working with government, organisations, and community leaders for the betterment of our great State.





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Tasmanian Government

The Safe Haven Hub is funded by the Department of Communities Tasmania

CatholicCare
TASMANIA

Safehavenhub.org.au

Intergenerational and cultural connection

for Harmony Week

belonging for everyone.

a Cultural Feast was held by Clarence school, High School (CHS) in collaboration with the Migrant Resource Centre Tasmania my culture and my recipes with the (MRC Tas), as part of Food Connections students because food is so important Clarence.

Two classes of Hospitality community together," she said. students prepared a delicious selection

During March each year, Harmony Week of dishes for MRC Tas Aged and is observed to celebrate our diversity Community Services clients and other and acknowledge the importance of community members. Prior to the event, inclusiveness, respect, and a sense of Chinese Community chef Kui Lin Tai, affectionately known as Mrs Chia, In the spirit of Harmony Week, conducted a mentoring session at the

> "I'm really happy to be sharing in Chinese culture and in bringing the

> > Mrs Chia has been a chef for 40

where she ran a restaurant. When she Community Services clients. moved to Hobart 35 years ago, she started years. Mrs Chia has worked at MRC Tas members alike,



years and is originally from Malaysia activities and cooking for Aged and

Clarence High School teacher up a Malaysian/Chinese restaurant, Amanda Sutton said the experience was which she ran with her children for many beneficial for students and community

"This was a great opportunity

for the students to connect with the elderly and isolated in our local community and learn that you have to taste a culture to understand it," she said.

"One of the best ways to experience culture is through food. Food is a great way to share cultural beliefs, values and way of life, and for my students to appreciate and accept the differences."

0 o d Connections Clarence is a group of organisations, businesses, schools, and volunteers that are committed to working together with Clarence City Council to help improve access healthy, low-cost food to those most vulnerable.



Cast your vote and carry-on.

A reflection piece: incorporating to get depressed during the seasons say! Molly has never cast a vote before experiences of growing up in Zimbabwe transitions." under a dictatorship.

By Mike McGuire

within the natural world, the shedding of young man, - nudges his partner - edging those old, outdated leaves, and plants her to offer her story and so she does: which creates excitement for what is to come.

golden in colour – and allow the swirling winds to occasionally whip them up into miniature tornadoes – along our they risked their lives to vote. I remember otherwise well-manicured sidewalks, laneways, and driveways. Our herbs that degree hot day, - nervously watching the have gifted us with wonderful flavours throughout the warm months go to mother and her friend, Molly to return sleep. They promise to return to delight from a three-hour trek to their local our bellies once more. They tell us to voting booth. exercise patience. That thyme infused you worry!

barrister offers encouragingly. young woman reflects, "Well...with the seems low. Almost, as if it's fashionable together with one-another to have our onto

"Mmm, I see," The barrister grunts, adjusting his woollen jumper. "So, what shall we be like?" He spits Autumn brings so many changes out, in a slightly defensive tone. The

"I remember when I was 12-years-old, growing up in Zimbabwe, The leaves die gracefully, Southern Africa. It was election-times. Mugabe, the dictator was a shoo-in for the win. Every-body knew it! But still waiting outside in our garden, on a 43dark, dense bush – waiting for my brave

I did not get why my mother and mouth agape, lets sizzling roast-meal will return - do not wanted to cast her vote so much. Even out a nervous laugh as a 12-year-old – I had the political in appreciation to the The murmurings on the street awareness of how pointless it was to risk storyteller. become louder, as the local barista everything for nothing. What I lacked questions the rugged up couple on their however was wisdom. My mother, after But what does this way to earn a life, "Cold out there is it?" returned with Molly later that evening, "You bet!" They say in unison. holding hands triumphantly – as if they They glance at each-other, almost had won the presidency themselves! sheepishly...it is obvious they want "I'm so confused! You know nothing to say more. "Go-on...what is it?" the will change right?" I told my mother, - in The a condescending tone.

"My child, haha - you don't tales!" elections approaching, - together with understand. It's not the end result for us the colder temperatures – every-body in Zimbabwe – but the power of coming

in her life – but after today – she appears empowered – like she has head butted that dictator directly down below to feed the worms!"

"I realized that for my mother and Molly - it was enough to offer one-another the hope and respect of supporting each other on this life-risking

through the thick danger infused bush. A young white woman, together with a young African woman - hand in hand, rallying against the evil that had gripped the country for decades." barista, wide eyed

"Amazing! mean for us in Tasmania? C'mon, I know there is a special metaphorical lesson in there, as with all African

The young woman looks around the nearby

passers-by, the commuters stuck in rush hour traffic, with the political billboards hanging on the tall grey buildings above. She shrugs her shoulders, "Well... there won't be any life-risking treks for us on the way to our local booths will there!? We will cast our vote, have our say and then...we will carry on with our lives...and that yes, - those wonderfully flavoursome herbs that have fallen asleep - will once again grace us."



Mandated use of Check in TAS for contact tracing

Tasmanians have done an amazing information in Tasmania. job of keeping on top of COVID-19, and it's critical that we do not become This means that the specific businesses, TAS QR codes. vaccines.

identify all contacts should a new case or May deadline for compliance. outbreak emerge.

Tasmania safe, from government, galleries, tourist premises, concert person in Tasmania.

The Director of Public Health has system used for collecting contact tracing so you are ready to use it to check in at There will be public advertising to — Office of the Hon Elise Archer MP

complacent, despite the rollout of community groups and event operators tracing information under the existing As more contagious strains of the virus Public Health direction – who haven't emerge – at the same time as people in already registered for Check in TAS – more freely – we must remain vigilant patrons can easily use the Check in TAS and ensure that we are ready to rapidly QR code at their premises, ahead of the 1

This includes hospitality businesses, We all have a part to play in keeping as well as places of worship, cinemas, premises, spas, swimming pools and others.

determined that, from 1 May 2021, the I ask every Tasmanian to download the COVID. free Check in TAS app will be the only Check in TAS app to your mobile phone

the many thousands of locations in our support this change, and the Department State that will be displaying Check in of State Growth will work to educate and

currently required to collect contact The contact details of each individual, one assistance for businesses, and close including everyone in a group, and engagement with regional chambers of employees/operators, must be recorded commerce and other peak bodies, as well by scanning the Check in TAS QR code as enterprise centres. Tasmania are moving and mixing much need to register and then ensure their on entry to the premises. This simple process takes only a few seconds per Keeping on Top of COVID is a priority and ask: 'Have you checked in?'

groups, through to every individual houses, hair dresses, beauty treatment way for Public Health to collect accurate, on Top of COVID. reliable and accessible contact tracing information that can be used to help Further information, including the types

support businesses and organisations as we make this change, including one-on-

patron, and leaves business and event for the Tasmanian Liberal Government, operators free to provide their usual for our economy, for jobs and for customer service. All the operators and keeping Tasmania open for business. staff need to do is display the QR code Most importantly, Keeping on Top of COVID is about protecting the lives of Tasmanians. I urge everyone in industry, business and community venues, amusement parks, auction Check in TAS is the easiest and safest Tasmania, do your part to help us Keep

> protect Tasmanian communities from of premises, is available online at http:// www.coronavirus.tas.gov.au



Want to get in touch with Andrew?

- ✓ Drop into the office at 188 Collins Street Hobart or post a letter to GPO Box 32 Hobart 7001
- ✓ Phone 6234 5255 or 6234 5861
- ✓ Email andrew.wilkie.mp@aph.gov.au
- ✓ Ask for a meeting

Drop by Andrew's mobile office on the dates and locations below*:

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11:30am-1:30pm

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Thursday April 22

11:30am-1:30pm

Moonah Main Road

Thursday April 29

11:30am-1:30pm

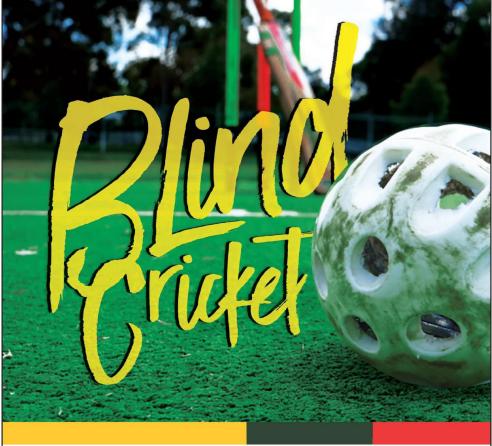
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Authorised by Andrew Wilkie MP 188 Collins Street Hobart 7000



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Diary of a wild Maltese Shih tzu - Mountain dog trained, strong and free. Raised by a goofy long-legged couple who spend endless amounts of energy fighting against their garden enemy no 1 – the Mighty Possum Army

18th diary entry:

Last entry? Who could forget folks!? I won first place in a dog fashion show...you bet I did! My lucky number that they wrapped over my neck and my FIRST place ribbon now rest proudly above my bed, pinned to the wall. The undisputed champion. Todd, the lazy cat from next door reckons I need to be humble about it. Pffft, seriously Todd – how ironic. Your very existence screams – self-obsession. You do not emit any stink. How dare you? What kind of hairy creature smells of "Organic Lavender shampoo" that the humans whip up in the hope of covering their own beautiful aromas.

This entry? Another majestic road-trip with my most beloved folks! We camped at the wonderful Mole Creek campgrounds over the Easter break. Luckily, we found ourselves and our little red tent perched at the water's edge. The serenity was mind-blowing. A welcome break from the mechanical lives' humans tortures themselves with through-out their days – such as air conditioners!

Seriously, my parents – bless your most priceless souls – have been flicking through endless catalogues, frantically searching for the cheapest and most efficient air con model. I hate how those machines invade our living space with their arrogant wafting and gushing of "warm air". They trick the humans into feeling warmer.

Haven't they learnt by now? The answers lie in-front of them. Stop shaving and cutting your hair away!! All these fancy sounding hair clippers and dressers that dominate the adverts in the newspapers that my dad leaves strewed around the lounge-floor. The shavers that offer the cleanest cuts, to get rid of beards, chest hairs...arm pit hairs....leg hairs....NO! Stop eradicating the hairs! They are your friends, you arrogant species.

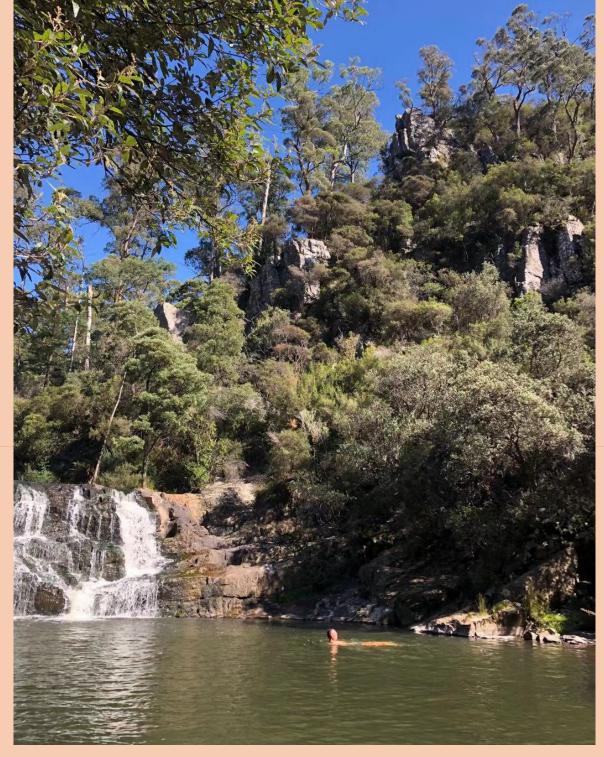
Okay, I get it. In summer-time – I admit – my gorgeous over-grown coat does cause me to pant a little too much, like that Tasmanian devil from those Looney tunes! But when winter comes...and winter is coming folks; I parade around like, I have defeated the seasons. Winter does not even come close to hitting my bones.

Todd keeps telling me that humans have always cut their hair for other reasons and has nothing to do with the seasonal patterns of our world but more with romanticisms. What a silly Todd – get your stinky feline nose out of the gutter!

"Some of the worst mistakes in my life were haircuts." – Jim Morrison







The views and opinions expressed in the articles are those of authors and do not necessarily reflect the official policy or position of "Diverse Tassie".

HIGHWAY TO HELL AND BACK

by Rodney G

heading, "Don't let the old man in." In already home in Tasmania. that article I explained how I was so camper trailer I was building.

Jack Russell rough coat terrier, who had Rocket. to endure all the trials and tribulations of Hobart.

several things. One was to meet up with with its design they took photos. another friend who was doing a similar trip, although much younger and possibly fitter than myself. Another reason was to show the people who told me I was too it, that I could.

Another I guess was to impress skills that neither of us knew I had.

I hadn't seen my father in a long time. Sadly, as I was leaving, I heard he funeral, there seemed little point in totally unfamiliar, knowing I had to keep cuddled up to my dog. As nice as he is, had passed away. There seemed little remaining as anyone who cared about up the speed to not miss the boat. reason to hurry now, but for some reason me was now back in Tasmania. I knew I needed to be there sooner than

I was but half a day away, that he had Nullarbor and then on the return a week

decided to give it away and head home. later in the same area. I'm still picking You may recall that recently I wrote an To my disappointment when I offered to them out of my grill. article about resisting aging, with the meet up in Ceduna, I found out he was

determined to do the things I use to be put off from my quest, I decided the only able to do, that I planned a trip from course was to soldier on. From leaving Hobart to Perth Western Australia and the boat in Melbourne it took me four back on a motorcycle, towing a small days to arrive at my destination. With the many frequent stops for my little dog he came over to me and hugged my leg. the red tape at Devonport it was pushing Well, I wish to report that I was Rocket. Although at the time I found it true to my words, and I finished the a bit of a pain but in hind sight my body trailer and with the company of my little needed those breaks just as much did get up very early because I had to ride to a distance of close to 290kms that was

I must say the Canam Spyder F3 the trip, I made the journey all the way that I was riding never missed a beat, and to Perth Western Australia and back to the little camper trailer I built worked every bit as good as I had expected. In The trip was to accomplish fact, many people were so impressed

admit the trip did take its toll on my I was desperate for time. After ignoring body, and I was rather sore when I the GPS and going on gut instinct by would think a very demanding ordeal for rather frightening, because road was anyone on a motorcycle, and possibly if wet, and with my three-wheeler bike and my father with my trailer manufacturing I had taken longer, I would have fared trailer, being pushed along by traffic that much better than I did.

hours of the day and night. I saw one out of its holder and by sheer luck was well. After a nice hot shower, a massage The so-called friend who got very large kangaroo which made me stop me to ride through a day of heavy rain, and camp for the rest of the night. Other getting soaked to the skin, to meet up than that, I saw one very large Wedgetail with him on the Nullarbor, at the time Eagle, and was exposed to swarms of sudden, I had to come up with the G2 weeks, I asked myself would I subject and date agreed upon, text me when locusts. Once crossing west towards pass for Tasmania. Now considering myself to another trip like the one I had

Feeling let down, but not to be lawns, camp fires and other little dogs for up until this time I never seem to need the other dogs, and sniffing around to find some rabbits, he was so happy that Something he'd never done before.

the Spirit of Tasmania in Melbourne. The obviously impossible. alarm failed me, and I woke up half an hour later than I had planned. To add to I pushed for home as fast as the speed my problems, I didn't know my way back limit would allow. to the main freeway because I followed On a personal note, I have to wanted to send me down goat tracks and

To add to my wows, the GPS During the trip I travelled at all that I was relying upon to directions, fell was keen to see that I was home safe and still linked to the power cable rather than falling to the road and its destruction.

> nowhere else on this trip across several just completed? After experiencing pain a G2 pass. I did have them all but after future might be like for me if I chose to being soaked to the skin in Victoria continue this path. I'd have to say, "No several of these were nothing but a soggy ball of paper. Desperately I searched my emails, keeping in mind that several efforts earlier were totally unsuccessful, but this time the God's were with me.

Then I was asked for the proof my dog had been wormed. Well, he had been wormed a few days earlier, but when I did it, I wasn't thinking of the Tasmanian animal restrictions, so the copy of the invoice was lost.

They let me do the trip anyway with the idea they would need to sort this The most pleasant stop was at a out at Devonport. Fortunately, I have a lake out from Ballarat. Lots of trees, green habit of taking pictures of receipts, and my Rocket to play with. After paddling to refer to them, but low and behold, I in the shallow waters and playing with found the receipt when I purchased the

By the time I had got through all close to 7:30pm. I had told my wife I The next morning, I needed to expected to be home after 8pm. With

Without thinking it through

Mistakenly I thought the Caltex someone to the lake. Now I found myself truck stop in Epping would be open, having arguments with the GPS that even though it was around 8:30pm. I found myself rather stressed to find it in darkness with my gauges telling me I had 90kms to go until empty. My wife was got to Perth. The return trip was even 6:00am I was on the M8 freeway heading trying to contact me, but I didn't want to old to do such a trip and I'd never finish harder. Accomplishing 800km days I towards Melbourne. The experience was worry her, so I pushed on the Campbell town. Arriving to my joy to find a petrol station still open.

> I was so close to home after this wanted to do a far greater speed than I cruelling journey, I didn't want to spend After attending my father's felt comfortable, on a road where I was another night sleeping in my camper he tends to hog the bed.

Upon arriving home, the family with hot stones, and fourteen hours sleep, I was on the road to recovery. I got to the boat, and all of a Upon reflexion over the previous few states, going both ways was I asked for in joints and muscles telling me what the way in hell, I must have been crazy.







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CULTURALLY DIVERSE ALLIANCE

TASMANIA

SPEECH BY

THE HONOURABLE KATE WARNER colleagues to form the Alliance, but AC GOVERNOR OF TASMANIA THE HANGING GARDEN, HOBART, SUNDAY 21 MARCH 2021

Good evening. Dick and I are thrilled to has much personal significance. have been asked to attend this significant new Tasmanian initiative and for me, as Governor, to have the privilege of saying a few words.

Welcome to Country. Can I begin by paying my respects to the traditional and original owners of this land—the palawa Australia prides itself on being one of the people. I acknowledge the contemporary most multicultural societies in the world Tasmanian Aboriginal community, who have survived invasion and dispossession, and continue to maintain their identity, culture and Indigenous rights.

That survival and continuity is so well demonstrated by an event we have just been to - Nunami Sculthorpe Green's racism persists and that overt and subtle takara nipaluna/walking Hobart, which racism has the effect of discriminating she organised with Tasmania Performs against people of LOTE backgrounds as part of this year's Ten Days on the Island program. The walk gives voice to the palawa perspective, history and For this reason, organisations such continued presence within contemporary

beneath its asphalt.

HER EXCELLENCY PROFESSOR months ago about her proposal with because I was unable to take up the very kind offer of being inaugural Patron, due to my term expiring shortly - in June this year - my being able to speak now

I say this as it is likely that this is one of the last launches of an organisation I will be attending as Governor. And, more importantly, because Dick and I are Thank you, Craig Everett, for your strongly committed to the very principles that underlie CDAT.

> and we see ourselves as being a place where all cultures, languages and faiths have an equal opportunity to belong, contribute, achieve and succeed.

> And while most Australians see cultural diversity as a good thing, we know that we are nevertheless a country where and those of non-European descent.

Hobart, and exposes the layers of history as this are needed to bring CALD for the organisation and to meeting the people together to support each other Board members. to celebrate cultural differences. I am Zelinda Sherlock first spoke to me some looking forward to hearing John Kamara Thank you. and Mike Dutta speak about their vision









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Negative effects of online activities

Games and Social Media and engagement has restricted kids and messages) teens outdoor activities such as playing throughout cricket, football, swimming etc creating the day affects a negative effect on their physical and their mental mental health.

A report published by IZA Institute of A University Labor Economics even suggests that just of one hour a day on social media can make study seem to a teen miserable.

The study also theorized that this may F a c e b o o k be caused by issues of cyberbullying, use leads to an increase in social comparisons, and decline a decrease in real-life, face-to-face subjective activities.

According to a University of Alberta young adults study, "Social media makes it all feel use Facebook, a little closer to home, when in reality the worse they statistics show that kids are actually safer feel momenttoday than they were in the past,"

"The safety concerns are not really they founded, but they're heightened because satisfied with their lives overall. of social media. That didn't happen in their grandparents' days."

Psychological Society finds that teenagers their mental health and well-being. being obligated to be responsive to social media (liking posts, answering texts Some solutions:

health.

Michigan indicate that in young adults, well-being. The more to-moment and the less feel

Thus, it is clear that, we have to inspire • our young people to do more outdoor • Another 2015 study by the British activities that can positively enhance



- Attending more outdoor games.
- Inspiring them to read books.
- Parents should give more time for recreation.
- Face to face debating competitions.
- Involvement with hobbies.
 - interfaith Intercultural

involvement.

- Counselling at school about negative effects of excessive online gaming and social media use.
- —Md Juman Hussan.



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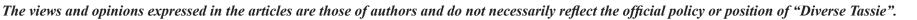


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Speak Your Truth By Tara Bufton

called Mad In America. Testing the care system in America. waters, as they say. I was first made aware of this movement by a film maker After looking again at my Youtube called Phil Borges. Being a film maker work, he and his team declined to be Now that idea has stuck with me. It's an myself, I was very interested in the story interviewed by me, due to "being on he was telling.

He made a film called, CrazyWise, based on an idea he formulated while doing his I was hurt and disappointed. But I I have often felt that my thoughts and life's work. Borges travelled the world understood. making short films and beautiful books about Indigenous Cultures. Much of his I don't really speak my truth in this arena. work is about righting the wrongs and helping people with injustices. He was I speak about mental health in a way employed by human rights organizations, that helps me survive in this society. I the U.N and such. http://philborges.com/

and good. Not do-gooding. Just good. I our culture's response to mental health I don't understand this. I honestly don't contacted him and chatted a few times. conditions is a bigger problem for the even know if it is a delusion or a reality. Organized an interview for my Youtube people with mental health conditions channel a few times, but failed to get than the conditions itself. That there my shit together to actually conduct must be a better way. the interview. No, to be fair...I wasn't really set up to do online interviews and I don't have the answers but I'm I wanted to do it well, with quality sound absolutely certain that the mental health

Perhaps it was the Universe speaking.

had done a number of presentations with very differently than we do. They don't his film CrazyWise and even a Ted Talks. devalue the people with so called mental We are so ready to write off African, He was more heavily involved in fighting illness – in fact in some of the cultures he and other cultures, spiritual knowing

Care sector."

adhere to the broken brain paradigm ... I have often felt I have had some insight outwardly...while inside I believe that I was so impressed by his work. Beautiful medication is part of the problem. That

> care system we are subject to doesn't My sister-in-law is from Liberia. either.

Phil Borges, in his travels, discovered that By the time I was set up and ready Phil many indigenous cultures treat psychosis

I wade around the edges of a movement the good fight against the mental health visited he saw these people held in high regard. They were often the shamans and healers of their communities.

> idea I played with before I discovered quite different paths in the Mental Health Phil Borges. I thought of it the very first time I experienced mental difference.

> > consequent actions have healed people. Yes, that is sounding very similar to a delusion associated with bipolar.

But, I'm speaking my truth.

into things that others don't see.

But it could be.

Medicine has been very wrong many times in the past. Why could it not be wrong about this?

Moiyatu told me about the African belief in the spiritual world. She told me about people having spiritual power to affect another person.



as mumbo jumbo, but maybe we have something to learn?

There is no way to actually know what happens in a metaphysical sense. So, I guess it's just a social construct – our community's accepted spiritual view of the world.

There is a way of knowing what is happening in Mental Health Care in Australia. All you need to do is go down to your nearest psych ward and you'll see. It's no better than the bad old days. And outside the hospitals is not much better. The mentally ill are your homeless and hungry, your demoted and drugged, your laughed at and scorned.

Phil Borges has been my glimmer of hope that I am more than a woman with a broken brain. I'm holding on to that quietly.

olunteei

funding opportunity community organisations: An important message from Andrew • Wilkie MP

Good news!

and community groups to use to support information) their volunteer program. Each electorate has total funding of up to \$132,450 with How to apply? a minimum of \$1,000 and a maximum of If you would like to apply for this grant \$5,000 available per organisation.

I am pleased to call for expressions of 16 April 2021. To lodge an interest from eligible organisations in EOI, email Lizzie Drew Clark.

What can the grant be used for? Equipment for volunteers such as • laptops.

Fuel and travel costs.

organisation;

Training costs.

Background screening volunteers.

Promoting awareness of volunteering opportunities.

Is your organisation eligible? To be eligible your organisation must be

- a legal entity with a current ABN and: Be a community based not-for-profit •
- Have at least 40 percent of the organisation's staff be volunteers;

- Seek a minimum of \$1,000 and a maximum of \$5,000; and
- Have a bank account with an Australian financial institution in the name of the organisation applying.

(Community groups that are not legal The Federal Government has launched entities may seek an auspicing body the 2021 Volunteer Grants, a program that to apply on their behalf, please see provides small grants for organisations grant opportunity guidelines for more

please send me an Expression of Interest

(EOI). EOIs close on Friday lizzie.drew@aph.gov.au. Please briefly address each of the following:

- Address and contact details of two people within the organisation.
- Confirmation of your not-for-profit that you have a current ABN and that you are a legal entity.
- Confirmation volunteer numbers within your organisation.
- An outline of what you will use the grant funding for, how it will meet the objectives of

the grants program and how it will benefit the work of volunteers in the community.

between \$1,000 and \$5,000).

work with an independent committee call Lizzie at my office on 6234 5255 to identify local volunteer needs and if you require further clarification or nominate projects that best meet the aims of the program. These organisations will then be sent an application form Feel free to circulate this email through from the Community Grants Hub. The your networks. Department will then conduct a final eligibility and compliance check. Please Best wishes note, only nominated organisations will Andrew Wilkie MP receive an invitation to apply for the Independent Member for Clark

Address: 1/16 Albert Road Moonah TAS 7009

If you have any queries, please first read How much you are seeking (must be the information available on the website https://www.communitygrants.gov.au/ grants/volunteer-grants-activity-2021-Once the EOI process has closed, I will volunteer-grants then either email or information.



Party and Independent Commitments

Multicultural Affairs

Multicultural Council of Tasmania Questionnaire". (MCOT).

least \$650,000 of spending in 2021-22:

- schools,
- training in our emergency services, base funding for MCOT. for dedicated multicultural gathering spaces.
- qualifications obtained Tasmania,
- for emergency relief for temporary who have COVID-19, and
- for anti-racism campaigning.

The reply from the Liberals outlines announcements such related yesterday's **\$474,000 Multicultural Communities**" policy, which includes funding for a MCOT is hosting a Clark candidates Multicultural Hub in Launceston based forum from 6:30pm to 8:30pm tonight on the successful Multicultural Hub in (Tuesday 13 April) at the Multicultural Moonah.

Councillor Kristie Johnston, and the "Labor will commit \$750,000 to the Honourable Sue Hickey MP have Multicultural Council of Tasmania to replied to a questionnaire sent by the achieve the priorities outlined by the Mr Duncan Spender, MCOT CEO 0401

The reply from the Greens states "Yes" The questionnaire asks for support for at to every commitment sought by MCOT for spending in 2021-22, and commits to support community language an extra \$250,000 for emergency relief for temporary visa holders, anti-racism for cultural and language awareness campaigning in public schools, and extra

The reply from Councillor Kristie tap into experience and Johnston states "Yes" to every outside commitment sought by MCOT for spending in 2021-22.

visa holders ineligible for JobSeeker The reply from the Honourable Sue suffered significant Hickey MP states that "Ms Hickey income loss in Tasmania due to notes the specific funding requests and undertakes to work with MCOT to see those resources provided in the term of the next government".

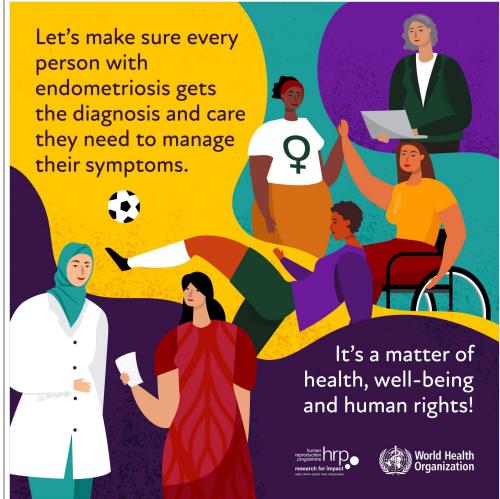
> as The questionnaire and replies are at "Supporting https://www.mcot.org.au/state election.

> > Hub, 65 Hopkins St Moonah. Media are

welcome (RSVPs appreciated given 065 131 capacity limits).

MCOT Chair 0435 130 115

office@mcot.org.au | www.mcot.org.au | The Liberals, Labor, the Greens, The reply from Labor states that Contacts: Mr Dattaraj Mahambrey, 65 Hopkins Street Moonah TAS 7009 03 6170 9196



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